

The Department of NURSING



"Florence Nightingale said, '...Perhaps, nursing is the finest art'. I cherish my years at PLNU and the close relationships with the students—particularly, the opportunities to share my passion with them for caring for the bodies, minds, and SOULS of the poorest of the poor in many countries of the world. Yes, I believe nursing is, truly, the finest art!"

~ Ruth N. Grendell, DNSc, R.N. (1982–2000), Professor Emerita of Nursing

OBJECTIVES

- To prepare competent, responsible practitioners who are committed to service and leadership as professional nurses;
- To equip graduates with the skills to function at an entry level of professional practice in a wide variety of health care settings;
- To expose students to the dynamic changes occurring in health care today to better prepare them for the changing careers of the future.

TRADITION OF EXCELLENCE...

The nursing program at Point Loma Nazarene University is highly respected in the San Diego community and around the world. Small classes provide for individualized attention by caring faculty who are dedicated to the academic and clinical success of each student. The faculty who are professionally qualified and in many cases doctorally prepared, focus on effective teaching, and take seriously their call to be Christian role models and mentors. The Department of Nursing is accredited by the California Board of Registered Nursing, the National League for Nursing and the Commission on Collegiate Nursing Education. Graduates are thus eligible to take the NCLEX-RN licensure exam and apply for public health nursing certification upon graduation.

STEP INTO YOUR FUTURE...

The program is designed around five core competencies: critical thinking, therapeutic nursing interventions, communication, spirituality and service. Nursing majors compile a portfolio as they progress in the nursing major, showing their progress toward meeting competencies in each of these areas. Their progress is monitored throughout the program, and their finished portfolio may be used as a marketing tool as they interview for a position in nursing. The compassionate attitudes and excellent preparation of PLNU nurses make them highly sought after by San Diego County health care agencies.

ADMISSION REQUIREMENTS

Students are admitted as freshman to the prenursing major, and must complete the required prerequisite courses to be considered for the nursing major. Transfer students who have completed the required pre-requisites may also apply for the nursing program. Forty-five students are selected for admission to the sophomore class annually for the fall semester. Selection is made on the basis of cumulative GPA, GPA at PLNU, strength of application, letter of recommendation and completion of pre-requisite classes. A minimum overall 2.70 college/university GPA is required on a 4-point grade scale. LVN's and RN's licensed in the State of California are accepted into the program with advanced standing based on transfer of credit on a space available basis.

ELIGIBILITY

Students are eligible to be considered for the Point Loma Nazarene University Nursing Program when the following conditions are met:

- Acceptance to Point Loma as a Pre-nursing student.
- Submission of a departmental application for the nursing program. (Application forms are available in January at the Department of Nursing office, and due by March 1 preceding the fall semester entry date.)
- Overall University grade-point average (GPA) of 2.700 or better on a four-point scale. A cumulative GPA of 2.700 alone does not guarantee acceptance into the program.
- Completion of the following prerequisites (or their equivalent) with a minimum grade of "C" (2.0) in each: Inorganic and Organic/Biological Chemistry (5 semester units); Human Anatomy and Physiology (8 semester units); General Psychology (3 or 4 semester units). Nutrition (3 semester units) and Human Development (3 semester units) are strongly recommended. A student may repeat a course only once to achieve the minimum grade. If a

student must repeat multiple prerequisite courses, the selection committee may view this as grounds not to admit a student.

- Successful placement in Mathematics according to SAT scores or Mathematics 099 with a grade of "C" (2.000) or better.
- Submission of one letter of recommendation using the Department of Nursing form. This is in addition to the two letters of recommendation required by the Admissions Office at the time of application to Point Loma.
- An interview may be requested.

SELECTION

Eligible students are selected for admission to the nursing program by the Department of Nursing Selection Committee. Selection is made on the basis of cumulative GPA, GPA at Point Loma, quality of entire application, letter of recommendation, and units at Point Loma.

- Priority consideration will be given to applicants who have completed:
 - a. All prerequisite courses by the end of spring semester preceding the fall semester entry date.
 - b. Two semesters at Point Loma (minimum of 15 units).
 - c. The application process prior to March 1 preceding the fall semester entry date.
- Secondary consideration will be given to transfer applicants who have completed:
 - a. All prerequisite courses by the end of spring semester preceding the fall entry date.
 - b. The application process prior to March 1 preceding the fall semester entry date.
- Final consideration will be given (on a space available basis) to applications received after March 1.

HEALTH STATUS

Within six months prior to admission to sophomore nursing courses, students must provide evidence that they are physically and emotionally able to perform the duties required. A physical examination by a physician or nurse practitioner with information completed on a form provided by the Department of Nursing is necessary. The examination includes current immunizations and tests as required by the Department of Nursing. Forms are available after student has been accepted into the nursing program.

Annual physical examination and tuberculin skin test must be performed before beginning junior and senior level nursing courses.

OTHER PROVISIONS

- Clinical facilities have a wide geographical distribution. Students are responsible for providing their own transportation to clinical facilities. Student car pools may be possible until

the senior year, when access to an individual car is mandatory. This also requires a valid driver's license and proof of auto insurance.

- A fee for liability insurance is assessed yearly to sophomore, junior, and senior nursing students.
- Students are required to purchase uniforms, student arm patches, name tags, watch with second hand, stethoscope, and other equipment as required.
- Students should be aware that the BSN program is a full four years in length. Those with transfer credits may still need three years of nursing courses to complete the degree.

TRANSFER STUDENTS

- All courses accepted in transfer from another university must be equivalent in content and credit. Students who complete course work at Point Loma will be given priority for selection into nursing classes.
- Students with previous preparation in nursing are admitted to the program as space is available providing requirements are met for admission to the University and to the Department of Nursing. Academic placement is determined on an individual basis through evaluation of past preparation and experiences, Excelsior College Exams in nursing theory, and challenge examinations for clinical experience given by Point Loma nursing faculty. Further information may be obtained from the Department of Nursing upon request.

FACULTY

Dorothy Crummy, Ph.D., R.N.
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Barbara Taylor, M.S.N., R.N.
Lewis University

Lois Wagner, M.N., R.N., C.S.
University of California, Los Angeles

Nursing MAJOR

LOWER-DIVISION REQUIREMENTS

COURSE #	TITLE	UNITS
CHE 103*	Intro to General, Organic, and Biological Chemistry	.5
BIO 130*	Human Anatomy and Physiology I	.4
BIO 140*	Human Anatomy and Physiology II	.4
BIO 220†	Microbiology of Infection Diseases	.5
FCS 150†	Human Development	.3
FCS 225†	Fundamentals of Nutrition	.3
MTH 203	Intro to Statistics	.3
PSY 101*	Psychology of Personal Development	.4
SOC 101	Intro to Sociology OR	
POL 101	Intro to Political Science	.3
NSG 250	Nursing of Individuals: Adult Health I	.4
NSG 251	Nursing of Individuals: Clinical Practicum I	.3
NSG 260	Nursing of Individuals: Adult Health II	.4
NSG 261	Nursing of Individuals: Clinical Practicum II	.3
NSG 270	Pharmacology in Nursing	.2
	TOTAL	.50

UPPER-DIVISION REQUIREMENTS

COURSE #	TITLE	UNITS
PSY 321	Abnormal Psychology	.3
SOC 360	Ethnic and Status Groups	.3
NSG 310	Nursing of Families: Child/Adolescent Focus	.2
NSG 311	Nursing of Families: Child/Adolescent Clinical Practicum	.3
NSG 330	Nursing of Families: The Childbearing Process	.2
NSG 331	Nursing of Families: The Childbearing Process Clinical Practicum	.3
NSG 340	Nursing of Families: Adult Health III	.2
NSG 341	Nursing of Families: Clinical Practicum III	.3
NSG 399	Nursing Research	.2
NSG 450	Nursing of Communities: Mental Health Focus	.3
NSG 451	Nursing of Communities: Mental Health Focus Clinical Practicum	.3
NSG 460	Nursing of Communities: Community Health Focus	.3
NSG 461	Nursing of Communities: Community Health Focus Clinical Practicum	.3
NSG 470	Nursing of Communities: Leadership and Management Focus	.3
NSG 471	Nursing of Communities: Leadership and Management Clinical Practicum	.3
NSG 480	Trends/Issues in Prof. Nursing	.2
	TOTAL	.43

* Prerequisite to nursing program, i.e., admission to Nursing 250 and Nursing 251. † May be allowed to complete concurrent with first nursing course.

- Mathematics competency is required prior to nursing program.
- A grade of at least "C" (2.000) must be earned in all courses required for the major in Nursing.

Nursing COURSES

NSG 246 (1-3) TRANSITION TO ADAPTATION NURSING

Introduction to the Adaptation Model in nursing. Additional content is determined through individual evaluation of student's previous nursing coursework in order to facilitate student transfer into upper-division nursing courses.

Prerequisite: Admission to nursing program with transfer credit from other comparable nursing programs.

NSG 250 (4) NURSING OF INDIVIDUALS: ADULT HEALTH I

Nursing process is studied within the framework of adaptation. Major concepts of nursing theory are considered and illustrated in the areas of basic needs, acute, and chronic illness, rehabilitation, and the aging process. Examination of clients emphasizing skills in history taking, physical, psychological, cultural, and spiritual assessments.

Prerequisite: Admission to the nursing program.

Concurrent: Nursing 251. **Corequisites:** Family and Consumer Sciences 225 and Biology 220.

NSG 251 (3) NURSING OF INDIVIDUALS: CLINICAL PRACTICUM I

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice. Graded Credit/No Credit.

Concurrent: Nursing 250.

NSG 260 (4) NURSING OF INDIVIDUALS: ADULT HEALTH II

Nursing process is applied to adults with a variety of health care problems within the framework of adaptation. Emphasis is placed on the teaching/learning process and a comprehensive application of the adaptation framework in client care.

Prerequisites: Nursing 250 and 251.

Concurrent: Nursing 261 and 270. **Corequisite:** Family and Consumer Sciences 150 or Nursing 442.

NSG 261 (3) NURSING OF INDIVIDUALS: CLINICAL PRACTICUM II

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice. Graded Credit/No Credit.

Concurrent: Nursing 260.

NSG 270 (2) PHARMACOLOGY IN NURSING

Comprehensive examination of basic theoretical foundations for drug therapy by exploring the pharmacodynamics of commonly used drugs along with the nursing implications and interventions necessary for safe therapy.

Prerequisite: Sophomore standing in nursing.

Concurrent: Nursing 260.

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NSG 300 (1) HEALTH ASSESSMENT

Comprehensive approach to examining the client and the family, focusing on developing knowledge and skills in history taking, assessments and ability to communicate this information appropriately. Assessments include physical, psychological, cultural, and spiritual.

Concurrent: Nursing 301.

NSG 301 (1) HEALTH ASSESSMENT CLINICAL

Application of physical, psychological, cultural, and spiritual assessments of the individual and the family. A clinical course which includes laboratory activities and independent practice. Graded Credit/No Credit.

Prerequisite: Advanced placement and consent of instructor. Concurrent: Nursing 300.

NSG 310 (2) NURSING OF FAMILIES:**CHILD/ADOLESCENT FOCUS**

Focuses on nursing theory as it relates to adaptation of families with children and adolescents who have alterations in health status.

Prerequisites: Nursing 250, 260, and 270 (or equivalent) and Family and Consumer Sciences 150. Concurrent: Nursing 311. Corequisite: Sociology 101 or 300 or Political Science 101.

NSG 311 (3) NURSING OF FAMILIES:**CHILD/ADOLESCENT CLINICAL PRACTICUM**

Consists of opportunities for application of nursing theory and child development as it relates to adaptation of child and adolescent clients and their families. Graded Credit/No Credit.

Concurrent: Nursing 310.

NSG 330 (2) NURSING OF FAMILIES:**THE CHILDBEARING PROCESS**

Focuses on nursing theory as it relates to adaptation of families in the childbearing years.

Prerequisites: Nursing 250, 260, and 270 (or equivalent). Concurrent: Nursing 331. Corequisite: Sociology 101 or 300 or Political Science 101.

NSG 331 (3) NURSING OF FAMILIES:**THE CHILDBEARING PROCESS CLINICAL PRACTICUM**

Consists of opportunities for application of nursing theory as it relates to the adaptation of families throughout pregnancy, labor, delivery, and the postpartum period, including the care of the new born. Graded Credit/No Credit.

Concurrent: Nursing 330.

NSG 340 (2) NURSING OF FAMILIES: ADULT HEALTH III

Focuses on nursing theory in the care of clients who have major alterations in health and the adaptation of themselves and their families to critical illness. Advanced concepts of adult health and critical care nursing are the basis for the course.

Prerequisites: Nursing 250, 260, and 270 (or equivalent). Concurrent: Nursing 341. Corequisite: Sociology 101 or 300 or Political Science 101.

NSG 341 (3) NURSING OF FAMILIES:**CLINICAL PRACTICUM III**

Nursing process is applied to adults experiencing multi-system failure. Emphasis is placed on assessment of individual and family needs in critical illness. Graded Credit/No Credit.

Concurrent: Nursing 340.

NSG 345 (2) PROFESSIONAL CONCEPTS IN NURSING

Transitional course for advanced placement into nursing program. Nursing concepts such as report writing, adaptation, current nursing theories, historical and philosophical basis, analysis of contemporary issues, holistic nursing care and professional nurse roles.

Prerequisites: RN or LVN licensure and advanced placement.

NSG 395 (1) CLINICAL NURSING INTERNSHIP

Opportunity to gain clinical experience at a designated student nurse level in selected health care agencies, working as a hospital employee under direct supervision of designated preceptor. Sixteen hours of experience per week. On campus seminars with faculty member. Any combination of the above levels not to exceed a total of eight units. Graded Credit/No Credit. A cumulative GPA of 3.000 is required for enrollment.

Prerequisites: Nursing 250, 251, 270. Satisfactory standing in the nursing program. Consent of instructor.

NSG 399 (2) NURSING RESEARCH

A study of activities and processes involved in investigating a selected nursing problem. Includes individual or small group work in the use of beginning level research methods. Quantitative and qualitative methods are examined.

Prerequisites: Mathematics 203 and junior standing in nursing.

NSG 441 (1-3) TOPICS IN NURSING

Offers concentrations of study in selected areas of nursing practice. Will include a theory component and may include a clinical component. May be repeated to a total of six units.

Prerequisites: Nursing 260 and 261 and consent of instructor.

NSG 442 (2) HEALTH PROMOTION IN ADULT**DEVELOPMENT**

This course explores development of the individual from early adulthood to death. Biophysical and psychosocial issues are explored as they apply to early adulthood, middle age and old age. Specific developmental tasks are identified in each age group. Gender role development is also explored. Ethical, social, spiritual, and moral issues are introduced as they apply to the aging process. All of these topics are discussed within the framework of professional nursing practice, and health promotion.

NSG 446 (3) HEALTH OF WOMEN IN A MULTICULTURAL WORLD - WS

Explores the relationship between society, culture, environment, the health of women, and the health care services of women. The approach is global or international in perspective. Participants are expected to research their own cultural heritage and describe what impact this heritage has on personal health expectations and use of health care in American Society. Alt.*

NSG 447 (3) FAMILY VIOLENCE

A course examining the incidence of a broad range of abuse and neglect in society. The course covers both physical and sexual abuse as well as neglect of children from birth to adolescence, date rape, spousal abuse and abuse of elderly. This course examines causes, assessment criteria, current treatment approaches, requirement for reporting, and long-term effects on children, families, and society. Alt.+

NSG 450 (3) NURSING OF COMMUNITIES: MENTAL HEALTH FOCUS

Focuses on the holistic understanding of the socio-cultural, psychological, and situational aspects of life that impact the mental health of families and communities. Health and illness are seen from a complex, multi-dimensional, meaning-centered, and critical perspective with an emphasis on the promotion of mental health and wellness. Includes perspectives on group dynamics and sociopolitical systems as they impact mental health.

Prerequisites: Senior standing in nursing and Psychology 321. Concurrent: Nursing 451.

NSG 451 (3) NURSING OF COMMUNITIES: MENTAL HEALTH CLINICAL PRACTICUM

Application of a unique clinical process based upon a critical synthesis of concepts from nursing and social sciences. Emphasis is on delivering care to communities and groups with a focus on wellness and mental health promotion. Students apply theory in both inpatient and community agencies. Graded Credit/No Credit.

Concurrent: Nursing 450.

NSG 460 (3) NURSING OF COMMUNITIES: COMMUNITY HEALTH FOCUS

The focus is on the health of populations with emphasis on epidemiology, health promotion, health protection, disease prevention, health policy, health care delivery systems, and cultural competency. A community assessment and community teaching project is required.

Prerequisites: Senior standing in nursing and completion of Sociology 101 or 300 or Political Science 101 and Sociology 360.

Concurrent: Nursing 461.

NSG 461 (3) NURSING OF COMMUNITIES: COMMUNITY HEALTH CLINICAL PRACTICUM

Application of the nursing process to individuals, families, and communities using the concepts

studied in Nursing 460 Community Health Focus. Students work with families in a variety of community based settings including a health department. Graded Credit/No Credit.

Concurrent: Nursing 460.

NSG 470 (2) NURSING OF COMMUNITIES: LEADERSHIP AND MANAGEMENT FOCUS

Focus is on leadership and management theories, skills and styles within multiple health care environments. Content includes nursing theory as it relates to leadership/management principles, coordinating client care, interdisciplinary team approaches, managing personal and organizational resources, legal, ethical and political influences on the professional nurse.

Prerequisite: Senior standing in nursing.

Concurrent: Nursing 471.

NSG 471 (3) NURSING OF COMMUNITIES: LEADERSHIP AND MANAGEMENT CLINICAL PRACTICUM

Application of leadership and management theories, skills and styles that have been presented in Leadership and Management Focus (Nursing 470). Emphasis is consistent with content of Nursing 470. Graded Credit/No Credit.

Concurrent: Nursing 470.

NSG 480 (2) TRENDS/ISSUES IN PROFESSIONAL NURSING

Explores transitional factors for students assuming a professional role. Analyzes trends and issues in professional nursing including ethical, economical, political, legal, and educational.

Prerequisite: Senior standing in nursing.

NSG 490 (1-2) SPECIAL STUDIES IN NURSING

Concentrated study and experience in a selected area of nursing not otherwise available to nursing majors in the program. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources. May be repeated to a total of six units.

Prerequisites: Nursing 260, 261 and 270, GPA of 3.000 in nursing, and consent of instructor.

NSG 491 (1-3) DIRECTED CLINICAL STUDIES IN NURSING

Concentrated clinical experience in a selected area of nursing not otherwise available. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources. May be repeated to a total of six units. Graded Credit/No Credit. A cumulative GPA of 3.000 is required for enrollment.

Prerequisites: Nursing 260 and 261 and consent of instructor.

NSG 495 (1) CLINICAL NURSING INTERNSHIP

See Nursing 395 for description.