

CO-CURRICULAR PROGRAMS

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An education at Point Loma Nazarene University is characterized by the intentional interrelationship of the life of the mind, the development of character and social graces, and spiritual formation for a life of service. Thus, University life includes an array of activities and experiences designed deliberately to be seamless. Academic study becomes an act of one's "reasonable spiritual worship," community life and social relationships move in the context of a family that is intent on loving God with all one's "heart, soul, mind, and strength." Faith is seen not as a compartmentalized activity but as a way of life that embraces love for humanity and life-long learning. Realizing that students spend more time out of class and formal academic settings than in class, the University provides a wide variety of opportunities for undergraduates in co-curricular programming. These include activities directly or indirectly related to academic programs, spiritual life options, and student leadership programs that relate to the University's mission and denominational relationships.

Academic Affairs

Co-curricular activities in the area of Academic Affairs include, but are not limited to, the following: a nationally ranked forensic team; the annual Sunset Cliffs National Forensics Tournament hosted by the University; California Board of Registered Nursing-approved continuing education courses; the Phi Alpha Theta society for pre-law students; the Point Loma String Project; a wide variety of activities directed by the Fermanian Business Center; and student summer research in Biology, Chemistry, Mathematics, Information Systems, and Computer Science.

Other opportunities directly or indirectly related to specific majors and programs include a host of ensembles in the Department of Music such as Chorale, Concert Choir, Point Loma Singers, Choral Union, Chamber Orchestra, Concert Band, and Jazz Band; Urban Term, an intentional living community studying local urban issues in the context of ethnic diversity and low-income environments; radio station KPLR and the University television station, supported by the Department of Communication and Theatre; international study trips sponsored by the Armenian Center; summer marketing research, an honors program in the School of Business; and an annual series of Literary Teas, Poetry Day, and a writer's symposium featuring nationally known personalities, sponsored by the Department of Literature, Journalism, and Modern Languages.

Spiritual Development

An environment of vital Christianity is central to the Point Loma educational experience. The University covenants with all its constituents to promote a climate of spiritual formation and ministry that leads to growth in Christian discipleship. Students joining the community are expected to embrace the spirit of this covenant and to contribute energetically to the spiritual vitality of Point Loma. Several ministries provide for on-going services and opportunities, including the following:

WORSHIP MINISTRIES

Chapel. Chapel services held each Monday, Wednesday, and Friday morning are central to the spiritual life of the University. Chapel is a time of worship, devotion, and biblical teaching shared by faculty and students alike. In order to affirm the centrality of our covenant to be faithful to the University's mission, chapel attendance is required for all undergraduate students registered for more than eight units per semester. Chapel attendance policies are listed in *The Mascot* and are managed by the chapel secretary in the Student Development office.

Time Out. An informal worship experience, Time Out is conducted every Wednesday in the Recreation Room of the Nicholson Commons. Participants take "time out" from studies and other activities to worship God and connect in community.

Ministry Teams. Chapel and Time Out bands are a part of the worship leadership teams at the University. These groups rehearse weekly and play two to three times a month. Students also have the opportunity to travel across the Southwest Region of the Church of the Nazarene. Live music groups minister to churches, summer camps, and youth events. *Cruceros* is a music and drama team that reaches primarily Spanish-speaking churches and camps.

DISCIPLESHIP MINISTRIES

Covenant Groups are made up of students who commit to meet on a weekly basis and are led by older students who are trained in leading small groups in Christian growth and support. Covenant groups provide an ongoing framework for personal growth and mutual support.

Discipleship Groups. Designed to help students pursue a life of holiness by exploring spiritual disciplines, these groups are made up of six to eight upperclassmen. They commit to meet on a weekly basis and desire to open their lives to the Scriptures and to others.