



# Psychology

## *Purposes*

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- To develop mature personalities in students, so they will be able to meet problems of adjustment with realism and intelligence;
- To integrate the religious faith of students with the study of psychology;
- To prepare students who plan to undertake graduate study in psychology for careers related to mental health, such as marriage and family counseling, clinical psychology, community psychology, and health psychology;
- To educate students preparing for careers in non-mental health-related fields, such as ministry, business, medicine, and law.

## *Tradition of Excellence*

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The Department of Psychology at Point Loma Nazarene University emphasizes several features in striving for excellence in undergraduate education. The Department's practicum program allows juniors and seniors to obtain training in specific psychological skills through a community mental health or social service agency. Supervised by an agency representative and a psychology professor, this program is an effective way for Psychology majors to complement course work with real world experience. Point Loma also offers classes designed to deal with the integration of psychology and the Christian faith. Additionally, all students are encouraged to become part of a research project with qualified faculty that potentially may be presented at a national or regional psychology conference. The Department also maintains an active Psi-Chi organization (National Honor Society in Psychology) that sponsors presentations in the field, preparatory workshops for those interested in graduate school, and special social events.

## *Career Opportunities*

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It is the goal of the faculty that all students desiring to pursue graduate studies be prepared to do so and to present a strong graduate application. Such an application results from a Department that emphasizes areas foundational to entrance and success in graduate school. In addition to strong academic achievement, these include practicum experience, research experience, and sufficient contact with faculty that allows a student to earn a credible letter of recommendation. Recent alumni surveys indicate that over one-half of PLNU Psychology majors eventually receive a graduate degree of some kind, one-third of those within one to three years of graduating from PLNU. When these graduates were asked about their level of satisfaction with the preparation received at Point Loma, over ninety-five percent reported that they were very satisfied or satisfied. There is a strong tradition of excellence in the Department of Psychology at PLNU that attempts to prepare students for their next step into the future.

## *Majors and Minor*

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### *Majors*

Psychology

- General Psychology
- Therapeutic and Community Psychology

### *Minor*

Pre-Therapeutic Psychology

## *Faculty*

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Holly Irwin-Chase, Ph.D., Chair  
*University of Louisville*

Daniel L. Jenkins, Ph.D.  
*Brigham Young University*

G. Michael Leffel, Ph.D.  
*University of Illinois, Champaign-Urbana*

Kim W. Schaeffer, Ph.D.  
*University of Oklahoma Health Sciences Center*

John T. Wu, Ed.D.  
*Harvard University School of Education*

## Psychology *Major*

### LOWER-DIVISION REQUIREMENTS FOR ALL PSYCHOLOGY MAJORS

COURSE #	TITLE	UNITS
PSY 101	Psychology of Personal Development	4
PSY 103	General Psychology	3
MTH 203	Intro to Statistics	3
TOTAL		10

### UPPER-DIVISION REQUIREMENTS FOR ALL PSYCHOLOGY MAJORS

COURSE #	TITLE	UNITS
PSY 300	Personality and Adult Development	4
PSY 308	Developmental Psychology – Birth Through Adolescence	4
PSY 350	Clinical and Research Assessment	3
PSY 390	Research Methods and Design I	4
PSY 391	Research Methods and Design II	4
PSY 400	History of Psychology	2
PSY 409	Psychology of Cognition and Learning	4
TOTAL		25

### Concentration: Therapeutic and Community Psychology

#### UPPER-DIVISION REQUIREMENTS

COURSE #	TITLE	UNITS
PSY 301	Physiological and Neuropsychology	4
PSY 321	Abnormal Psychology	3
PSY 325	Clinical and Community Interventions	4
PSY 380	Family Development and Family Therapies	3
PSY 410	Issues in Psychotherapy-Theology Integration <b>OR</b>	
PSY 420	Moral Development and Christian Spirituality	3
TOTAL		17

### Concentration: General Psychology

#### UPPER-DIVISION REQUIREMENTS

- Fifteen units of psychology electives

### RECOMMENDED ELECTIVES

COURSE #	TITLE	UNITS
PSY 320	Social Psychology	3
PSY 341	Group Counseling <b>OR</b>	
PSY 345	Group Dynamics	3
PSY 360	Human Sexuality	3
PSY 460	The Human Challenge	3
PSY 470	Practicum in Psychology	2-4
PSY 499	Research in Psychology	1-4
HON 498	Honors Project I	2
HON 499	Honors Project II	1

## Pre-Therapeutic Psychology *Minor*

This minor is for non-psychology majors who desire an introductory exposure to therapeutic psychology. It is especially suited for individuals who plan to enter careers in social services, i.e. ministry, nursing, medicine, or social work. You must complete the following courses.

COURSE #	TITLE	UNITS
PSY 321	Abnormal Psychology	3
PSY 325	Clinical and Community Interventions	4

*One of:*

PSY 101	Psychology of Personal Development	4
PSY 103	General Psychology	3

*One of:*

PSY 308	Developmental Psychology – Birth Through Adolescence	4
FCS 150	Human Development	4

*One of:*

PSY 320	Social Psychology	3
PSY 360	Human Sexuality	3
PSY 341	Group Counseling	3
PSY 345	Group Dynamics	3

*One of:*

PSY 410	Issues in Psychotherapy-Theology Integration <b>OR</b>	
PSY 420	Moral Development and Christian Spirituality	3
PSY 460	The Human Challenge	3

**NOTE:** The minimal requirement for minors is 16 units with a GPA of at least 2.000 taken over all courses required for the minor. At least 9 units must be completed at PLNU and be in a discipline distinct from and not counted in the student's major. The upper-division requirement for the minor is 12 units.