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## Nursing Major

### LOWER-DIVISION REQUIREMENTS

COURSE #	TITLE	UNITS
CHE 103*	Intro to General, Organic, and Biological Chemistry	.5
BIO 130*	Human Anatomy and Physiology I	.4
BIO 140*	Human Anatomy and Physiology II	.4
BIO 220†	Microbiology of Infection Diseases	.5
FCS 150†	Human Development	.3
FCS 225†	Fundamentals of Nutrition	.3
MTH 203	Intro to Statistics	.3
PSY 101*	Psychology of Personal Development	4
SOC 101	Intro to Sociology <b>OR</b>	
SOC 201	Cultural Anthropology <b>OR</b>	
SOC 250	Sociology of the Family <b>OR</b>	
POL 101	Intro to Political Science	.3
NSG 250	Nursing of Individuals: Adult Health I	.4
NSG 251	Nursing of Individuals: Clinical Practicum I	.3
NSG 260	Nursing of Individuals: Adult Health II	.4
NSG 261	Nursing of Individuals: Clinical Practicum II	.3
NSG 270	Pharmacology in Nursing	.2
	<b>TOTAL</b>	<b>.50</b>

### UPPER-DIVISION REQUIREMENTS

COURSE #	TITLE	UNITS
PSY 321	Abnormal Psychology	.3
SOC 360	Ethnic and Status Groups	.3
NSG 310	Nursing of Families: Child/Adolescent Focus	.2

NSG 311	Nursing of Families: Child/ Adolescent Clinical Practicum	.3
NSG 330	Nursing of Families: The Childbearing Process	.2
NSG 331	Nursing of Families: The Childbearing Process Clinical Practicum	.3
NSG 340	Nursing of Families: Adult Health III	2
NSG 341	Nursing of Families: Adult Health III Clinical Practicum	.3
NSG 399	Nursing Research	.2
NSG 450	Nursing of Communities: Mental Health Focus	.3
NSG 451	Nursing of Communities: Mental Health Focus Clinical Practicum	.3
NSG 460	Nursing of Communities: Community Health Focus	.3
NSG 461	Nursing of Communities: Community Health Focus Clinical Practicum	.3
NSG 470	Nursing of Communities: Leadership and Management Focus	.3
NSG 471	Nursing of Communities: Leadership and Management Clinical Practicum	3
NSG 480	Trends/Issues in Prof. Nursing	.2
	<b>TOTAL</b>	<b>.43</b>

\* Prerequisite to nursing program, i.e., admission to Nursing 250 and Nursing 251.

† May be allowed to complete concurrent with first nursing course.

- Mathematics competency is required prior to nursing program.
- A grade of at least "C" (2,000) must be earned in all courses required for the major in Nursing.

## Nursing Courses

### NSG 246 (1-3) TRANSITION TO ADAPTATION NURSING

Introduction to the Adaptation Model in nursing. Additional content is determined through individual evaluation of student's previous nursing coursework in order to facilitate student transfer into upper-division nursing courses.

**Prerequisite:** Admission to Nursing program with transfer credit from other comparable Nursing programs.

### NSG 250 (4) NURSING OF INDIVIDUALS: ADULT HEALTH I

Nursing process is studied within the framework of adaptation. Major concepts of nursing theory are considered and illustrated in the areas of basic needs, acute, and chronic illness, rehabilitation, and the aging process. Examination of clients emphasizing skills in history taking, physical, psychological, cultural, and spiritual assessments.

**Prerequisite:** Admission to the Nursing program.

**Concurrent:** Nursing 251. **Corequisites:** Family and Consumer Sciences 225 and Biology 220.

**NSG 251 (3) NURSING OF INDIVIDUALS: CLINICAL PRACTICUM I**

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice. Graded Credit/No Credit.

*Concurrent: Nursing 250.*

**NSG 260 (4) NURSING OF INDIVIDUALS: ADULT HEALTH II**

Nursing process is applied to adults with a variety of health care problems within the framework of adaptation. Emphasis is placed on the teaching/learning process and a comprehensive application of the adaptation framework in client care.

*Prerequisites: Nursing 250 and 251.*

*Concurrent: Nursing 261 and 270. Corequisite: Family and Consumer Sciences 150 or Nursing 442.*

**NSG 261 (3) NURSING OF INDIVIDUALS: CLINICAL PRACTICUM II**

Includes application of nursing theory to practice in major areas of nursing in a variety of hospitals and health agencies within the San Diego community. Learning laboratory experiences are provided concomitantly to increase competency in nursing practice. Graded Credit/No Credit.

*Concurrent: Nursing 260.*

**NSG 270 (2) PHARMACOLOGY IN NURSING**

Comprehensive examination of basic theoretical foundations for drug therapy by exploring the pharmacodynamics of commonly used drugs along with the nursing implications and interventions necessary for safe therapy.

*Prerequisite: Sophomore standing in Nursing.*

*Concurrent: Nursing 260 or consent of instructor.*

**NSG 300 (1) HEALTH ASSESSMENT**

Comprehensive approach to examining the client and the family, focusing on developing knowledge and skills in history taking, assessments and ability to communicate this information appropriately. Assessments include physical, psychological, cultural, and spiritual.

*Concurrent: Nursing 301.*

**NSG 301 (1) HEALTH ASSESSMENT CLINICAL**

Application of physical, psychological, cultural, and spiritual assessments of the individual and the family. A clinical course which includes laboratory activities and independent practice. Graded Credit/No Credit.

*Prerequisite: Advanced placement and consent of instructor. Concurrent: Nursing 300.*

**NSG 310 (2) NURSING OF FAMILIES: CHILD/ADOLESCENT FOCUS**

Focuses on nursing theory as it relates to adaptation of families with children and adolescents who have alterations in health status.

*Prerequisites: Nursing 250, 260, and 270 (or equivalent) and Family and Consumer Sciences 150.*

*Concurrent: Nursing 311.*

**NSG 311 (3) NURSING OF FAMILIES:****CHILD/ADOLESCENT CLINICAL PRACTICUM**

Consists of opportunities for application of nursing theory and child development as it relates to adaptation of child and adolescent clients and their families. Graded Credit/No Credit.

*Concurrent: Nursing 310.*

**NSG 330 (2) NURSING OF FAMILIES:****THE CHILDBEARING PROCESS**

Focuses on nursing theory as it relates to adaptation of families in the childbearing years.

*Prerequisites: Nursing 250, 260, and 270 (or equivalent). Concurrent: Nursing 331.*

**NSG 331 (3) NURSING OF FAMILIES: THE CHILDBEARING PROCESS CLINICAL PRACTICUM**

Consists of opportunities for application of nursing theory as it relates to the adaptation of families throughout pregnancy, labor, delivery, and the postpartum period, including the care of the new born. Graded Credit/No Credit.

*Concurrent: Nursing 330.*

**NSG 340 (2) NURSING OF FAMILIES: ADULT HEALTH III**

Focuses on nursing theory in the care of clients who have major alterations in health and the adaptation of themselves and their families to critical illness. Advanced concepts of adult health and critical care nursing are the basis for the course.

*Prerequisites: Nursing 250, 260, and 270 (or equivalent). Concurrent: Nursing 341.*

**NSG 341 (3) NURSING OF FAMILIES: ADULT HEALTH III CLINICAL PRACTICUM**

Nursing process is applied to adults experiencing multi-system failure. Emphasis is placed on assessment of individual and family needs in critical illness. Graded Credit/No Credit.

*Concurrent: Nursing 340.*

**NSG 345 (2) PROFESSIONAL CONCEPTS IN NURSING**

Transitional course for advanced placement into nursing program. Nursing concepts such as report writing, adaptation, current nursing theories, historical and philosophical basis, analysis of contemporary issues, holistic nursing care and professional nurse roles.

*Prerequisites: RN or LVN licensure and advanced placement.*

**NSG 395 (1-3) CLINICAL NURSING INTERNSHIP**

Opportunity to gain clinical experience at a designated student nurse level in selected health care agencies, working as an employee under direct supervision of designated preceptor. Twelve to sixteen hours of experience per week. Seminars with faculty member are required. Any combination of the above levels not to exceed a total of nine units. Graded Credit/No Credit.

*Prerequisites: Nursing 250, 251, 270. Satisfactory standing in the Nursing program. A cumulative GPA of 3.000 is required for enrollment. Consent of junior team Nursing faculty.*

**NSG 399 (2) NURSING RESEARCH**

A study of activities and processes involved in investigating a selected nursing problem. Includes individual or small group work in the use of beginning level research methods. Quantitative and qualitative methods are examined.

*Prerequisites: Mathematics 203 and Junior standing in Nursing.*

**NSG 441 (1-3) TOPICS IN NURSING**

Offers concentrations of study in selected areas of nursing practice. Topics include a theory component and may include a clinical component. May be repeated to a total of six units.

*Prerequisites: Nursing 260 and 261 and consent of instructor.*

**NSG 442 (2) HEALTH PROMOTION IN ADULT DEVELOPMENT**

This course explores development of the individual from early adulthood to death. Biophysical and psychosocial issues are explored as they apply to early adulthood, middle age and old age. Specific developmental tasks are identified in each age group. Gender role development is also explored. Ethical, social, spiritual, and moral issues are introduced as they apply to the aging process. All of these topics are discussed within the framework of professional nursing practice, and health promotion.

**NSG 446 (3) HEALTH OF WOMEN IN A MULTICULTURAL WORLD-WS**

Explores the relationship between society, culture, environment, the health of women, and the health care services of women. The approach is global or international in perspective. Participants are expected to research their own cultural heritage and describe what impact this heritage has on personal health expectations and use of health care in American Society. Offered 2006-07.

**NSG 447 (3) FAMILY VIOLENCE**

A course examining the incidence of a broad range of abuse and neglect in society. The course covers both physical and sexual abuse as well as neglect of children from birth to adolescence, date rape, spousal abuse and abuse of elderly. This course examines causes, assessment criteria, current treatment approaches, requirement for reporting, and long-term effects on children, families, and society. Offered 2006-07.

**NSG 450 (3) NURSING OF COMMUNITIES:****MENTAL HEALTH FOCUS**

Focuses on the holistic understanding of the socio-cultural, psychological, and situational aspects of life that impact the mental health of families and communities. Health and illness are seen from a complex, multi-dimensional, meaning-centered, and critical perspective with an emphasis on the promotion of mental health and wellness. Includes perspectives on group dynamics and sociopolitical systems as they impact mental health.

*Prerequisites: Senior standing in Nursing and Psychology 321. Concurrent: Nursing 451.*

**NSG 451 (3) NURSING OF COMMUNITIES:****MENTAL HEALTH CLINICAL PRACTICUM**

Application of a unique clinical process based upon a critical synthesis of concepts from nursing and social sciences. Emphasis is on delivering care to communities and groups with a focus on wellness and mental health promotion. Students apply theory in both inpatient and community agencies. Graded Credit/No Credit.

*Concurrent: Nursing 450.*

**NSG 460 (3) NURSING OF COMMUNITIES:****COMMUNITY HEALTH FOCUS**

The focus is on the health of populations with emphasis on epidemiology, health promotion, health protection, disease prevention, health policy, health care delivery systems, and cultural competency. A community assessment and community teaching project is required.

*Prerequisites: Senior standing in Nursing and completion of Sociology 360 and ONE of the following: Sociology 101, 201, Political Science 101, Economics 101.*

**NSG 461 (3) NURSING OF COMMUNITIES:****COMMUNITY HEALTH CLINICAL PRACTICUM**

Application of the nursing process to individuals, families, and communities using the concepts studied in Nursing 460 Community Health Focus. Students work with families in a variety of community based settings including a health department. Graded Credit/No Credit.

*Concurrent: Nursing 460.*

**NSG 470 (2) NURSING OF COMMUNITIES:****LEADERSHIP AND MANAGEMENT FOCUS**

Focus is on leadership and management theories, skills and styles within multiple health care environments. Content includes nursing theory as it relates to leadership/management principles, coordinating client care, interdisciplinary team approaches, managing personal and organizational resources, legal, ethical and political influences on the professional nurse.

*Prerequisite: Senior standing in Nursing.*

*Concurrent: Nursing 471.*

**NSG 471 (3) NURSING OF COMMUNITIES:****LEADERSHIP AND MANAGEMENT CLINICAL PRACTICUM**

Application of leadership and management theories, skills and styles that have been presented in Leadership and Management Focus (Nursing 470). Emphasis is consistent with content of Nursing 470. Graded Credit/No Credit.

*Concurrent: Nursing 470.*

**NSG 480 (2) TRENDS/ISSUES IN PROFESSIONAL NURSING**

Explores transitional factors for students assuming a professional role. Analyzes trends and issues in professional nursing including ethical, economical, political, legal, and educational.

*Prerequisite: Senior standing in Nursing.*

**NSG 490 (1-2) SPECIAL STUDIES IN NURSING**

Concentrated study and experience in a selected area of nursing not otherwise available to nursing majors in the program. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources. May be repeated to a total of six units.

*Prerequisites: Nursing 260, 261 and 270, GPA of 3.000 in Nursing, and consent of instructor.*

**NSG 491 (1-3) DIRECTED CLINICAL STUDIES IN NURSING**

Concentrated clinical experience in a selected area of nursing not otherwise available. The student prepares, in consultation with the course coordinator, an appropriate design for the study, taking into consideration interest, relevancy to nursing, and availability of resources. May be repeated to a total of six units. Graded Credit/No Credit. A cumulative GPA of 3.000 is required for enrollment.

*Prerequisites: Nursing 260 and 261 and consent of instructor.*

**NSG 495 (1-3) INTERNSHIP IN CLINICAL NURSING**

See Nursing 395 for description.

*Prerequisite: Consent of senior team Nursing faculty. A cumulative GPA of 3.000 is required for enrollment. Application must be made by March 15 for summer and fall registration, and by October 15 for spring registration.*