

Student Development

Social, Emotional and Physical

Learning Outcomes	Where are learning outcomes published?	Assessment Measurement Tools	Criteria for Success	Data Collected Over Time Period	Findings from Data Collection	Resulting Program Changes
<p>The goal of the PLNU wellness efforts is to assist students in maintaining a high level of wellness so that they might achieve their academic goals and incorporate healthy living patterns into their full lifespan.</p>	<p>Student Development Annual Report, published at the end of each academic year and stored in Student Development Library</p>	PLNU Counts for Participation	Outreach contacts increased by 15% annually	Annually beginning in 2001	The growth has been in excess of 15% for each year.	<p>New opportunities for student exposure to wellness information have been created (significant expansion in the outreach program), current programs have been modified and expanded (particularly in the area of physical fitness activities) and there has been</p>
		HERI Survey Data (CIRP for freshmen and CSS for seniors)	At or above "Other Religious 4 Year Colleges" on selected questions.	Annually beginning in 2002	For most questions we are at or above the comparator group, but growth is needed in diversity issues.	
		PLNU Survey Questions added to the HERI Data Collections	To be developed	Annually beginning in 2006	86% of seniors surveyed (spring 2006) said that they were equipped to live a balanced life. 70% had a greater respect for other cultures.	
		NSSE Data	At or above our comparison group on selected questions.	2000, 2005 and every five years	For most questions we are at or above the comparator group, but growth is needed in diversity issues.	
		Alumni Survey Data	To be developed	To be developed	To be developed	