



Recommended Packing List

Items Provided by PLNU:

- Furniture
 - Extra-Long Twin Bed
 - Closet
 - Dresser
 - Desk with Chair
- An overhead room light
- Window blinds
- Trash & Recycling Bins
- Bed Bug Mattress Protector
- Vacuums
- Toilet paper
- Wireless routers/access
- Television Cable Access
- Phone Line
- Laundry Facilities

Required:

- Extra-Long Twin Bedding – ♣ We recommend natural organic fiber
- Lock for closet or a small safe for personal items
- Quarters for laundry
- Laundry detergent – ♣ We recommend “free and clear” – or – biodegradable detergent.
- An all purpose cleaner – ♣ We recommend a green product.
- Proper electrical accessories – each room has at least two sets of outlets.

Therefore you might need:

- UL approved extension cords
- Power strip with breaker – ♣ We recommend a “Smart Strip”
- Note that cheater boxes are NOT considered power strips and are **not allowed**
- Surfboard cover if you plan on bringing a surfboard
- Bike lock if you plan on bringing a bike (all bikes are stored outside)



Recommended:

- Alarm Clock with ♣ Rechargeable Batteries
- Laptop Lock if you plan on bringing a laptop
- Personal computer
 - Please note that you CANNOT have wireless routers or wireless printers.
 - Students can print documents in the library.
- Shower caddy to carry/store your toiletries
- Stainless Steel Water Bottle – ♣ Hydration stations are installed around campus.
- Items to make your room your own.
 - Please refer to the below “What is Allowed and Not Allowed list.”
 - Please read the [furniture policy](#).

Recommended Con't:

- Cheap metal kitchen ware, including bowls and plates (♣avoid plastic and paper).
- Sleeping mask and earplugs
- Reading light to hook to your bed or book.

Recommended to be coordinated with roommate(s):

- Micro fridge – coordinate with roommate
 - For individual microwaves and fridge requirements, please consult the below “What is Allowed and Not Allowed” list.
 - The following company rents micro-fridges:

PLNU does not endorse the following company, however it is provided for your use as a reference.

- www.collegefridge.com



- Phone – hard lines and 5.8 GHz wireless phones (2.4 GHz will be confiscated as they interfere with our wireless routers)
- Stereo (300 watt maximum) without Subwoofers
- Small TV
- DVD player, etc.



Other Optional Items to Consider:

- Under the bed storage bins. Bed height varies – you may purchase after move-in.
- Bed risers – only one set is allowed & must be store bought – no cinder blocks.
- Healthy & Whole food snacks stored in a storage bin.
- A small fan for warmer months



TIPS:

- Please read through the below “What is Allowed and Not Allowed” list & the [Furniture Policy](#) to save time and avoid having to make corrections once you arrive on campus.
- CALL your roommate to discuss your packing list. Facebook and email are often inefficient.
- Think about the size of your new space.
 - Limit the amount of clothing, shoes, and bulky decorations.
 - Wait until you move in to go to buy storage containers and decorations.
- Please make sure that:
 - All electrical items are UL approved  and “Energy Star” Rated. 
- If you bring a lamp, you need to have energy efficient bulbs and appropriate wattage.

♣ = PLNU Green Recommendations

What is Allowed and Not Allowed

Electronics/Appliances

ALLOWED	NOT ALLOWED
<p data-bbox="142 363 594 464"><i>Electrical appliances as well as all extension cords must be UL approved, and must be "Energy Star"</i></p>  <p data-bbox="142 472 756 558"><i>*UL means Underwriters Laboratory Approved – they indicate their safe appliance approvals with a UL sticker or stamp on the product.</i></p> <hr/> <p data-bbox="142 600 285 630">Electronics:</p> <ul data-bbox="191 638 784 1100" style="list-style-type: none"> • Micro fridge • Small Fans • Floor lamps with energy efficient bulbs • Phone – Only hard-line and 5.8 GHz wireless phones • Stringed decorative lights (including Christmas lights) – You can only have one strand that is UL approved, fused, and in-line style. They must be plugged into a power strip.  <p data-bbox="142 1142 409 1171">Electrical Accessories:</p> <ul data-bbox="191 1180 761 1352" style="list-style-type: none"> • Power strips are required when using more than two appliances at any wall receptacle. • Extension cords - Limited to 15 amps per extension cord per circuit. You cannot place extension cords together. <p data-bbox="142 1394 464 1423">Entertainment/Computer:</p> <ul data-bbox="191 1432 711 1646" style="list-style-type: none"> • Stereo/Sound equipment (300 watt maximum) • Small TVs (cable provided by university) • DVD players, gaming systems, etc. • Computers • Printers 	<p data-bbox="813 363 1398 464"><i>These items are NOT permitted because of the possibility of power failures, overloaded electrical circuits, and fire hazards.</i></p> <hr/> <p data-bbox="813 506 1125 535">Small Kitchen Appliances:</p> <ul data-bbox="862 543 1175 800" style="list-style-type: none"> • Hot Pots • Hot Plates • George Foreman Grills • Toasters • Toaster Ovens • Broilers • Electric Skillets <p data-bbox="813 821 956 850">Electronics:</p> <ul data-bbox="862 858 1260 1037" style="list-style-type: none"> • Air conditioners • Heaters • Lava lamps • Halogen lamps • Cheater boxes – show picture <p data-bbox="813 1058 1146 1087">Phone/Computer/Internet:</p> <ul data-bbox="862 1096 1451 1341" style="list-style-type: none"> • Wireless Routers & Access Points (Includes wireless printers and some external hard drives (Apple Time Capsule) For more information: http://www.pointloma.edu/ITS/policies.htm) • Wireless printers • 2.4 GHz wireless phones (they interfere with our wireless network) <p data-bbox="813 1383 1084 1413">OTHER RESTRICTIONS:</p> <ul data-bbox="862 1421 1451 1631" style="list-style-type: none"> • All items must be UL Approved • All items must be Energy Star • Extension cords cannot be plugged into one another. • Appliances cannot be mounted to any part of the room.

Decorations

ALLOWED	NOT ALLOWED
<p><i>We want you to make your room a comfortable home, but we also want your room to be safe from health, safety, and fire hazards. Therefore, we ask that only 10% of your wall space be covered as per California Fire Code restrictions. You may bring:</i></p> <ul style="list-style-type: none"> • Appropriate posters and pictures. • Christmas lights – You can only have one strand that is UL approved, fused, and in-line style. They cannot be plugged into an extension cord unless it has a breaker. • Decorative items that can be hung with 1” finishing nails and painters tape. • Small lamps with appropriate wattage energy saving bulbs <p><i>To prevent the spread of bed bugs, we also ask that you do not bring your own furniture. Please read the <u>furniture policy</u> before you begin purchasing or packing your belongings. You can bring:</i></p> <ul style="list-style-type: none"> • Pillows, cushions or any upholstered/stuffed items that can fit into a university dryer. • Decorative bedding that can go into a dryer. 	<p>To prevent fire hazards, we ask that you not bring:</p> <ul style="list-style-type: none"> • Anything made from hay, leaves, sticks. • Live or fresh cut Christmas trees • Lava lamps or halogen lamps • Candles • Anything required to be hung on a ceiling. • Personal furniture. <p>To maintain the quality of the rooms, we ask that you not bring:</p> <ul style="list-style-type: none"> • Contact paper • Dart boards • Paint or Wallpaper • Large nails and screws • Any adhesive or tape other than painters tape <p>To prevent the spreading of bed bugs, we ask that you do not bring anything fabric, upholstered, or “stuffed” that cannot go in a university dryer. This includes but is not limited to:</p> <ul style="list-style-type: none"> • Upholstered or cushioned furniture. • Upholstered storage boxes. • Personal desk chairs that have any type of upholstery. • Rugs that won’t fit in a dryer. <p>In accordance with our student handbook, you cannot bring inappropriate décor which includes but is not limited to:</p> <ul style="list-style-type: none"> • Illegal street signs or street signs without a receipt. • Ornamental use of items identifiable as alcoholic beverage bottles/containers • Drug or alcohol symbols • Provocative posters, pictures, or magazines of and inappropriate posters, pictures and magazines.

Personal Belongings

ALLOWED	NOT ALLOWED
Bikes that can be stored outside on a bike rack.	Pets other than fish.
Surfboards to be stored in room with a surfboard cover.	Non-university owned lofting bed kits
Storage containers	Homemade bed risers including the use of cinder blocks
Bed Risers – 1 set of purchased risers.	Candles, oil lamps, or incense
Fish in tanks no larger than 10 gallons (Keep in mind that tanks must be unplugged over Christmas and Spring breaks)	Weapons including but not limited to:
Knives under 3"	<ul style="list-style-type: none"> • Firearms • Bows & arrows • Darts • Knives over 3" • Clubs • Swords • BB guns • Martial arts equipment • Fishing spears • Air soft guns • Tasers • Stun Guns
Personal Safe	Flammable materials which includes but is not limited to:
	<ul style="list-style-type: none"> • Fireworks • Explosives • Combustibles • Propane or gasoline • Paint thinner or remover • Or any other highly flammable chemicals.

*If you have any questions regarding the above information,
please contact the Office of Residential Life at (619)849-2482.*