# ALEXANDRA NICOLE BITTER

POINT LOMA NAZARENE UNIVERSITY • DEPARTMENT OF PSYCHOLOGY 104 CULBERTSON HALL • 3900 LOMALAND DR. • SAN DIEGO, CA 92106

ABITTER@POINTLOMA.EDU • (619) 849-3054

# **EDUCATION**

<b>Doctor of Philosophy •</b> University of Wyoming Major: Psychology Concentration: Social-Cognitive Psychology	May 2022
Minor: Statistics	
Dissertation: Self-regulatory strategies in response to social identity threat: Women in S	TEM
Master of Science • University of Wyoming Major: Experimental Psychology Concentration: Social Psychology Thesis: Women in STEM and Self-Handicapping	May 2019
Bachelor of Arts • Point Loma Nazarene University	May 2017
Magna Cum Laude	
Major: Psychology	
University of the Basque Country Spanish I & II	Summer 2015
AWARDS AND HONORS	
Comprehensive Exam Model Papers	2021
	2021
A&S Dean's Graduate Scholars Award (\$2,000)	2021
A&S Dean's Graduate Scholars Award (\$2,000) June E. Downey Award (\$1,000)	
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300)	2020 2020 2019
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research	2020 2020
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800)	2020 2020 2019 2018
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400)	2020 2020 2019 2018
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800)	2020 2020 2019 2018
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research	2020 2020 2019 2018
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research Award in Social Psychology (\$500)	2020 2020 2019 2018 2018 2017
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research Award in Social Psychology (\$500) Western Psychological Association, Psi Chi Regional Research Award (\$300)	2020 2020 2019 2018 2018 2017
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research Award in Social Psychology (\$500) Western Psychological Association, Psi Chi Regional Research Award (\$300) Western Psychological Association, Psi Chi Regional Research Award (\$300)	2020 2020 2019 2018 2018 2017 2017
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research Award in Social Psychology (\$500) Western Psychological Association, Psi Chi Regional Research Award (\$300) Western Psychological Association, Psi Chi Regional Research Award (\$300) Western Psychological Foundation Student Scholarship Poster Competition (\$500) John L. Allen Scholarship (\$800)  Honor awarded to one exemplary student of psychology	2020 2020 2019 2018 2018 2017 2016 2016 2016
June E. Downey Award (\$1,000) Outstanding Graduate Student Service Award (\$300) John P. Ellbogen Faculty Summer Institute on Developing Research through the Scholarship of Teaching and Learning (\$800) Wilson J. Walthall Jr. Excellence Fund in Psychology (\$400) Western Psychological Association, Christina Maslach-Philip Zimbardo Research Award in Social Psychology (\$500) Western Psychological Association, Psi Chi Regional Research Award (\$300) Western Psychological Association, Psi Chi Regional Research Award (\$300) Western Psychological Foundation Student Scholarship Poster Competition (\$500) John L. Allen Scholarship (\$800)	2020 2020 2019 2018 2018 2017 2017 2016 2016

Total: \$6,900

## **ASSOCIATION FUNDING**

The Society for Personality and Social Psychology • PI • Small Research Grant International Society for Self and Identity (ISSI) • PI • Mini Research Grant

In preparation In preparation

#### **RESEARCH INTERESTS**

Motivation • Bias/Stereotyping • Jury Decision Making • Self-Regulation • Well-being

#### PEER REVIEWED PUBLICATIONS

- **Bitter, A. N.** & McCrea, S. M. (2022). "The ship is sinking, yet the band plays on": COVID-19 and academia. Manuscript under review at *Journal of American College Health*.
- **Bitter, A. N.**, Smith, O. K. H., Michalski, N., & Freng, S. (2022). Examining the crossover interaction of the race-crime congruency effect: A systematic review. *Race and Social Problems*.
- Michalski, N. **Bitter A. N.**, & Nuñez, N. (2022). "Trans folks are in the crosshairs": Jury decision making and the trans panic defense. *Journal of Interpersonal Violence*.
- **Bitter, A. N.**, Wondra, T., McCrea, S. M., Darzi, A., & Novak, D. (2022). Does it pay to play?: Undermining effects of monetary reward and gamification in a web-based task. *Technology, Mind, and Behavior*.
- Butterfield, M. E. & **Bitter**, **A. N.** (2019). A social judgement? Extralegal effects in hypothetical legal decision making. *Psychology, Public Policy, and Law*, 25(1), 30-37. https://doi.org/10.1037/law0000188

#### MANUSCRIPTS UNDER REVIEW

Flick, C., Smith, O. K. H., **Bitter, A. N.**, Nunez, N. Plea-bargaining and procedural justice: Do lay conceptualizations align with theory? Under review at *Psychology, Crime, and Law*.

#### **BOOK CHAPTERS**

- **Bitter**, **A. N.** & Butterfield, M. E. (2020). Social judgement: The theory and practice of bias reduction. In Popa, C., Lee, W., & Rus, A. V. (Eds.), *The new approaches and future orientation in medical psychology*. (pp. 311-328). The University Press Publishing House of the University of Medicine, Pharmacy, Science and Technology of Targu-Mures, Romania.
- Butterfield, M. E. & **Bitter, A. N.** (2020). Social judgement: Encouraging optimal decision making among patients and practitioners. In Popa, C., Lee, W., & Rus, A. V. (Eds.), *The new approaches and future orientation in medical psychology*. (pp. 329-343). The University Press Publishing House of the University of Medicine, Pharmacy, Science and Technology of Targu-Mures, Romania.

# MANUSCRIPTS IN PREPARATION

- Choi, S., **Bitter, A. N.**, Sturges, H. A., Snyder, J. A. (2022) Advancing the implementation of body worn cameras: A case for using organizational buy-in and self-determination theory to inform policy and research. Manuscript in preparation.
- **Bitter, A. N.** & McCrea, S. M. (2022) Conflicting practices of self-compassion, compassion, and self-serving biases. Manuscript in preparation.
- **Bitter, A. N.** & McCrea, S. M. (2022) Self-regulatory strategies in response to social identity threat: Women in STEM. Manuscript in preparation.
- Erion, C. J., **Bitter, A. N.**, McCrea, S. M., & Bartsch, K. (2022). Public shaming: A fitting punishment for harmful transgressions. Manuscript in preparation.
- Burd, K., **Bitter**, **A. N.**, Sturges, H., Flick, C. (2022). A qualitative investigation of the mechanisms underlying self-affirmation and purpose in life. Manuscript in preparation.

# **PRESENTATIONS**

(\*Undergraduate Student)

- **Bitter, A. N.** & McCrea, S. M. (2022) Conflicting practices of self-compassion, compassion, and self-serving biases. Talk presented at the 94<sup>th</sup> annual convention of the Midwestern Psychological Association, Chicago, IL.
- **Bitter, A. N.**, Smith, O. K. H., Michalski, N., & Freng, S. (2021, March). A systematic review of the cross-over effect of race-crime congruency. Talk presented at the annual convention of the American Psychology-Law Society, Denver, CO.
- Flick, C., Bitter, A., Smith, O. H. K., Nunez, N. (2021, March). *Lay conceptions of procedural and distributive justice in plea bargains: Do they align with theory?* Poster presented at the annual convention of the American Psychology-Law Society, Denver, CO.
- \*Adams, A., **Bitter, A. N.**, & Dixon, F. (2021, August). *Treading water: A critique of child protective services*. Talk presented at the convention of the University of Wyoming McNair Scholars Program, Summer Research Institute, Laramie, WY.
- Erion, C. J., **Bitter, A. N.**, & McCrea, S. (2021, April). *Public shaming: A fitting punishment for harmful transgressions*. Talk presented at the 93<sup>rd</sup> annual convention of the Midwestern Psychological Association, Chicago, IL. Online.
- Michalski, N. **Bitter A. N.**, & Nuñez, N. (2021, March). "Trans folks are in the crosshairs": Jury decision making & the trans panic defense. Poster presented at the annual convention of the American Psychology-Law Society, Online.
- **Bitter, A. N.**, Wondra, T., McCrea, S. M., Darzi, A., & Novak, D. (2021, February). *Does it pay to play?: Undermining effects of monetary reward but not gamification in a web-based task.* Poster

- to be presented at the 22nd annual convention of the Society for Personality and Social Psychology, Online.
- **Bitter, A. N.**, Bottera, A., & Freng, S. (2020, April). *Barriers to feedback integration: Exploring the associations between student self-efficacy, goal orientation, and written feedback.* Poster to be presented at the Scholarship of Teaching and Learning Conference, Laramie, WY. Cancelled.
- **Bitter, A. N.** & McCrea, S. (2020, March). "Because you're a girl": Self-handicapping as a consequence of gender stigma consciousness. Poster presented at the 21<sup>st</sup> annual convention of the Society for Personality and Social Psychology, New Orleans, LA.
- \*Lane, K., **Bitter, A. N.**, & Konesko, P. (2019, August). *The madness in the method: The mental health of students and faculty in academic theatre programs*. Talk presented at the convention of the University of Wyoming McNair Scholars Program, Summer Research Institute, Laramie, WY.
- Greenlee, L. G., Andrews, M., **Bitter, A. N.**, Warren, A. R., Tang, C. M., Nuñez, N. L., & Kehn, A. (2019, March). *Perceptions of interrogations and confessions involving juveniles with Autism Spectrum Disorder*. Paper talk presented at the annual convention of the American Psychology-Law Society, Portland, OR.
- **Bitter, A. N.,** Wondra, T., & McCrea, S. (2019, February). *Self-compassion and self-handicapping: An emotion regulation strategy for self-sabotage.* Poster presented at the 20<sup>th</sup> annual convention of the Society for Personality and Social Psychology, Portland, OR.
- McCrea, S., Reynolds, J., & **Bitter, A. N.** (2019, February). *Testing the dual component theory of inhibition regulation: Evidence from laboratory and diary studies.* Poster to be presented at the 20<sup>th</sup> annual convention of the Society for Personality and Social Psychology, Portland, OR.
- \*Mikkelson, S., **Bitter, A. N.**, & Schweitzer, K. (2018, August). *Hiring the formerly incarcerated: The mediating role of morality*. Talk presented at the convention of the University of Wyoming McNair Scholars Program, Summer Research Institute, Laramie, WY.
- Schweitzer, K., Nuñez, N., & **Bitter, A. N.** (2018, March). The effect of evidence order on jurors' verdicts: primacy and recency effects with probative and non-probative evidence. Paper talk presented at the annual convention of the American Psychology-Law Society, Memphis, TN.
- **Bitter, A. N.** & Butterfield M.E. (2017, April). *Justice is not blind: Comparator case strength biases parole and grand jury decision making*. Poster presented for the 97<sup>th</sup> annual convention of the Western Psychological Association, Sacramento, CA.
- **Bitter, A. N.**, Oren. T., & Butterfield M.E. (2017, April). *Drowning in the deep end: Applicant pool strength decreases perceptions of applicant quality*. Poster presented for the 97<sup>th</sup> annual convention of the Western Psychological Association, Sacramento, CA.

4

- **Bitter, A. N.,** Pfenning, A., & Butterfield, M.E. (2017, January). *Subjective justice: Weak comparators increase perceptions of case strength and the likelihood of trial.* Poster presented at the 18<sup>th</sup> annual convention of the Society for Personality and Social Psychology, San Antonio, TX.
- Sleeper, A., **Bitter, A. N.**, Broome, L., Goldgrabe, H., Valentin, E., Roach, B., & Butterfield, M. E. (2016, April). *Cloudy with a chance of love: Attraction forecasting overprioritizes similarity*. Poster presented at the 96<sup>th</sup> annual convention of the Western Psychological Association, Long Beach, CA.
- Rabatin, M., Valentin, E., **Bitter, A. N.**, Schaeffer, K. W., & Butterfield, M. E. (2016, April). *Perceptions of leadership and experience predict investor confidence in female CEOs*. Poster presented at the 96<sup>th</sup> annual convention of the Western Psychological Association, Long Beach, CA.
- Goldgrabe, H., Welfringer, J., Broome, L., **Bitter, A. N.**, Downs, C., & Butterfield, M. E. (2016, April). *Grace under fire? Forgiveness cues decrease charitable giving*. Poster presented at the 96<sup>th</sup> annual convention of the Western Psychological Association, Long Beach, CA.

## MENTORED THESES AND INDEPENDENT RESEARCH

- Adams, A., **Bitter, A. N.**, & Dixon, F. (2021). McNair Graduate Advisor. Project: *Treading water: A critique of child protective services*.
- Visnak, S., **Bitter A. N.** (2021). Senior Thesis Graduate Student Advisor. Project: *Self-handicapping in response to sexism at work*.
- Lane, K., **Bitter, A. N.**, & Konesko, P. (2019). McNair Graduate Advisor.

  Project: *The madness in the method: The mental health of students and faculty in academic theatre programs*.
- Mikkelson, S., **Bitter**, **A. N.**, & Schweitzer, K. (2018). McNair Graduate Advisor. Project: *Hiring the formerly incarcerated: The mediating role of morality*.

### TEACHING EXPERIENCE

Instructor • Research Methods and Statistics I • Point Loma Nazarene University	Fall, 2022
Instructor • Research Methods and Statistics I • Point Loma Nazarene University	Fall, 2022
Instructor • Motivation • University of Wyoming	Spring, 2022
Instructor • Motivation • University of Wyoming	Fall, 2021
Instructor • Motivation • University of Wyoming	Summer, 2021
Instructor • Motivation • University of Wyoming	Fall, 2020
Instructor • Psychology and Law • University of Wyoming	Summer, 2020
Guest Lecturer • Research Methods in Criminal Justice • University of Wyoming	Fall, 2021
Guest Lecturer • Research Methods in Psychology • University of Wyoming	Spring, 2021
Teaching Assistant • Research Methods in Psychology • University of Wyoming	Spring, 2021
Guest Lecturer • Introduction to Clinical Psychology • University of Wyoming	Spring, 2020
Guest Lecturer • Motivation • University of Wyoming	Fall, 2019

#### ALEXANDRA N. BITTER

Guest Lecturer • Cognitive Psychology • University of Wyoming	Fall, 2019
Guest Lecturer • Motivation • University of Wyoming	Fall, 2018
Teaching Assistant • Motivation • University of Wyoming	Fall, 2018
Teaching Assistant • Criminal Courts and Process • University of Wyoming	Spring, 2018
Teaching Assistant • Research Methods in Criminal Justice • University of Wyoming	Spring, 2018
Guest Lecturer • Research Methods in Criminal Justice • University of Wyoming	Fall, 2017
Guest Lecturer • Research Methods in Criminal Justice • University of Wyoming	Fall, 2017
Teaching Assistant • Criminal Courts and Process • University of Wyoming	Fall, 2017
Teaching Assistant • Research Methods in Criminal Justice • University of Wyoming	Fall, 2017
Teaching Assistant • Clinical and Community Interventions • Point Loma Nazarene	Spring, 2017
University	
Teaching Assistant • Research Methods II • Point Loma Nazarene University	Spring, 2017
Teaching Assistant • Research Methods I • Point Loma Nazarene University	Fall, 2016
Teaching Assistant • Moral Psychology and Cultural Values • Point Loma Nazarene	Fall, 2016
University	
Teaching Assistant • Clinical and Community Interventions • Point Loma Nazarene	Spring, 2016
University	
Teaching Assistant • Research Methods II • Point Loma Nazarene University	Spring, 2016
Teaching Assistant • Research Methods I • Point Loma Nazarene University	Fall, 2015
Teaching Assistant • Moral Psychology and Cultural Values • Point Loma Nazarene	Fall, 2015
University	

# FORMER UNDERGRADUATE RESEARCH ASSISTANTS/MENTEES (SELECTED)

Alexandra Bammel

Shelby Mikkelson

Sarah Bowman

Doctoral Student in Psychology • Texas Tech University

Doctoral Student in Psychology • University of Florida

Master Student in Mental Health Counseling • University of Wyoming

#### RESEARCH EXPERIENCE

#### **Graduate Assistantship**

September 2017 – May 2022

Motivation and Cognition Lab • University of Wyoming

Supervisors: Sean McCrea, Ph.D.

#### **Graduate Assistantship**

September 2017 – May 2022

Psychology and Law Lab • University of Wyoming

Supervisors: Narina Nuñez, Ph.D.

## Research Assistantship

January 2019 – May 2020

PI Domen Novak • University of Wyoming

Grant: 2017-2020 A Kinder, Gentler Technology: Enhancing Human-Machine Symbiosis Using Adaptive, Personalized Affect-Aware Systems, NSF 1717705

#### **Research Assistant**

September 2015 – May 2017

Social Psychology and Influence (SPIN) Lab • Point Loma Nazarene University Supervisor: Max Butterfield, Ph.D.

# Research Assistantship

February 2014 – April 2015

Human-Centered Design for IDEO – an international design and consulting firm Supervisor: Courtney Mayer, M.F.A. • Point Loma Nazarene University

Topic: Application of Social Psychological Practices to Marketing and Layout of the Mingei International Museum in San Diego, CA

## PROFESSIONAL SERVICE

Social-Personality Undergraduate Research program (SPUR) Reviewer	2021
Graduate Student Mentor • McNair Scholars Summer Institute • University of Wyoming	2021
Project: Treading water: A critique of child protective services	
Ad-Hoc Reviewer: Co-reviewed submission to Journal of Research in Personality	2021
with Sean McCrea	
Senior Thesis Graduate Student Advisor	2020 - 2021
Project: Self-Handicapping in Response to Sexism at Work	
Brown Bag Talk Coordinator • University of Wyoming Psychology Department	2020 - 2021
Head of Communications Subcommittee • Diversity, Equity, and Inclusion Committee	
• University of Wyoming	2020 - 2021
President • Fellowship of Christian Graduate Students • University of Wyoming	2019 - 2021
Ad-Hoc Reviewer: Co-reviewed submission to Journal of Behavioral Decision	2020
Making with Sean McCrea	
Graduate Student Faculty Representative • University of Wyoming	2019 - 2020
Poster Reviewer • Society for Personality and Social Psychology	2019 - 2020
Graduate Student Mentor • McNair Scholars Summer Institute • University of Wyoming	2019
Project: The madness in the method: The mental health of students and faculty in a	cademic
theatre programs	
Member • Diversity, Equity, and Inclusion Committee • University of Wyoming	2019 - 2022
Member • Fellowship of Christian Graduate Students • University of Wyoming	2018 - 2022
Poster & Paper Reviewer • American Psychology-Law Society	2018 - 2019
Graduate Student Mentor • McNair Scholars Summer Institute • University of Wyoming	2018
Project: Hiring the formerly incarcerated: The mediating role of morality	
Student Representative • Western Psychological Association	2016 - 2017

## **PROFESSIONAL AFFILIATIONS**

American Psychology-Law Society Psi-Chi International Honor Society in Psychology Society for Personality and Social Psychology Midwestern Psychological Association