

# John T. Wu

## Curriculum Vitae

### Personal Data

**Address:** Business  
3900 Lomaland Drive, Culbertson Hall 207  
Point Loma Nazarene University  
San Diego, CA 92106  
(619) 849-2464

**Email:** johnwu@pointloma.edu

### Education

**Ed.D. Harvard University Graduate School of Education**  
1992, Counseling and Consulting Psychology  
Dissertation: The relationship between ethnic identity and  
achievement motivation in Chinese Americans and Filipino  
Americans.

Massachusetts Licensed Psychologist, 1994  
California Licensed Psychologist, PSY 14391, 1996

**Ed.M. Harvard University Graduate School of Education**  
1988, Counseling and Consulting Psychology

**B.A. University of California, Irvine**  
1987, Psychology  
Magna Cum Laude

**B.S. University of California, Irvine**  
1987, Information and Computer Science  
Magna Cum Laude

**Professional Work**

**Point Loma Nazarene University**

**Professor of Psychology, Tenured**

**2001 to present**

- Assessment Coordinator from 2018 to present. Oversee assessment standards, data collection, data analysis, and author our annual assessment report in conjunction with the Psychology Departmental Assistant.
- Chair of Psychology Department from 2011 to 2015. Oversaw program review, assessment analysis, department budgeting, faculty search and hire, faculty evaluation, department homecoming events, course scheduling, program course revision, and administrative representation.
- Responsible for course instruction, research oversight, administrative committee work, advising to 35-45 students, and departmental assessment coordination.
- Courses taught include:
  - PSY 3008 Developmental Psychology Birth to Adolescence
  - PSY 3080 Family Therapy
  - PSY 4000 History and Contemporary Issues in Psychology
  - PSY 305 Developmental Psychology: Childhood
  - PSY 321 Abnormal Psychology
  - PSY 325 Counseling and Community Interventions
  - PSY 340 Introduction to Clinical and Community Interventions
  - PSY 370 Individual Psychotherapy
  - PSY 341 Group Counseling
  - PSY 345 Group Dynamics
  - PSY 350 Clinical and Research Assessment
  - PSY 490/3049 Intimate Couples
  - PSY 499 Individual Research
- Committees include:
  - Faculty Handbook Committee 2024 - present
  - Strategic Planning Committee, 2020 - 2023
  - Faculty Governance Committee, 2017 - 2020, Chair 2018 - 2019
  - Rank and Tenure Committee, 2012- 2016, Chair 2014 - 2015
  - WASC Advisory Committee, 2010 - 2012
  - Faculty Council, 2009 - 2011
  - Nomination Committee Liaison, 2009 - 2011
  - WASC Steering Committee, 2004 - 2007
  - WASC Liaison to the Diversity Committee
  - Pre-Med committee (interview prospective medical school students), 2004, 2016 - 2018

- **Special Involvements**
  - Filmed Admissions Classroom Teaching Video that was distributed to over 2000 people and 600 virtual Preview Day students during the Covid-19 quarantine, 2020. Video link: [www.tinyurl.com/DrWuClass](http://www.tinyurl.com/DrWuClass).
  - Awarded PLNU Excellence in Teaching Award, 2018 - 2019.
  - Teachers Noticing Teachers Model Professor. This program enhances teaching by allowing faculty to observe and learn from model professors within the semester, Spring 2018.
  - Faculty Advisor to PLNU Yoyo Club, 2016 - 2017.
  - Faculty Advisor to PLNU Rubiks Cube Club, 2016 - 2017.
  - Riposo Spiritual Retreat Speaker, "What Teaching My Kid to Drive Taught Me About Divorce," Spring 2016
  - Klaussen Hall Panel Discussion Member "Dating, Sex, and Chocolate," Fall 2016
  - Panel Member regarding Tenure changes and requirements, 2016.
  - Actively involved in PLNU tenure system reorganization. Led the formation of rubrics for tenure and promotion, negotiated departmental scholarship standards, and conceived and contributed to the tenure and promotion video, 2014 - 2015.
  - Participated in TILE Technology Course, Summer 2011.
  - Trained Peer Counselors on Healthy Relationships, Spring 2011.
  - Teachers Noticing Teachers On Tape: Current Professors of Excellence. One hour professionally produced video interview regarding teaching philosophy and techniques, Spring 2009.
  - Teachers Noticing Teachers Model Professor. This program enhances teaching by allowing faculty to observe and learn from model professors within the semester, Spring 2006.
  - Wesley and Vocation, faculty seminar. This weekly seminar met throughout the spring semester to discuss vocational readings, speakers, and our own life experiences, Spring 2003.
  - First Things, faculty seminar. This biweekly faculty reading group focused on Christian Liberal Arts Education and was sponsored by the Center for Teaching and Learning and Provost Allen, Spring 2002.
  - Participated in New Faculty Seminar, Fall 2001.

**Senior Psychologist  
Celebration Counseling  
2001 to 2020**

- Provided individual and couples counseling to adults, couples, and young adults for a variety of interpersonal and intrapersonal issues.

**Mesa College**

**Adjunct Faculty**

**1996 to 2001, part-time**

- Taught *General Psychology*, a psychology survey course, with 40-50 undergraduate students.

**University of California, San Diego**

**Counseling Psychologist II**

**Psychological and Counseling Services**

**1994 to 2001, full-time**

- Conducted individual, group, and couples counseling with undergraduate and graduate students.
- Taught Summer Bridge, a month-long intensive program for entering first-year low-income and underrepresented students.
- Instructed and supervised Group on Groups, a yearlong seminar on group therapy theory and process for APA Pre-doctoral Interns.
- Supervised and taught APA Pre-doctoral Interns.
- Trained student leaders.
- Made numerous campus presentations on psycho-educational topics.

**Northeastern University**

**Staff Psychologist**

**1991-1994, full-time**

- Provided individual, group, and career counseling to students, staff, and faculty.
- Served on the President's Diversity Advisory Committee.
- Helped originate the Asian American Faculty and Staff Association.
- Provided workshops and outreach to residential students.
- Provided crisis consultation to residential life staff.

**University of California, San Diego**

**Pre-Doctoral Psychology Intern**

**Psychological and Counseling Services,**

**1990-1991, full-time**

- Provided individual, couples, and group therapy.
- Conducted multicultural outreach, and teach workshops in this APA-approved internship.

**Harvard University, Graduate School of Education**

**Teaching Assistant, *Psychosocial Epidemics of School-Aged Children and Youth***

**1988-1989, part-time**

- Facilitated two weekly discussion sections, advised graduate students, graded papers, and lectured on adolescent gangs.

## Research and Presentations

- Weekes, K. E., Bayrakdarian, N. M., Ryan, K.E., Wu, J., & Oakes Mueller, K. (2024). *From Carseat to Test Drive: The Effect of Perceived Early Parental Care on Premartial Cohabitation*. Presented at the 104<sup>th</sup> Western Psychological Association Conference, San Francisco, CA.
- Ryan, K.E., Weekes, K. E., Bayrakdarian, N. M., Oakes Mueller, K., & Wu, J. (2024). *Stepping Stone versus Stumbling Block: The Relationship between Premarital Cohabitation and Marital Satisfaction*. Presented at the 104<sup>th</sup> Western Psychological Association Conference, San Francisco, CA.
- Stewart, T. A., Ryan, K. E., Wu, J., & Oakes Mueller, K. (2023). *The Relationship Between Early Parental Care and Marital Satisfaction*. Presented at the 103<sup>rd</sup> Western Psychological Association Conference, Riverside, CA.
- Prijole, K. R., Stewart, T. A., Oakes Mueller, K., & Wu, J. (2022). *The Impact of Religiosity and Age Married on Divorce Risk*. Presented at the 102<sup>nd</sup> Western Psychological Association Conference, Portland, OR.
- Gafford, M., Oakes Mueller, K., & Wu, J. (2022). *The complex Relationship Between Trauma and Religiosity*. Presented at the 102<sup>nd</sup> Western Psychological Association Conference, Portland, OR.
- Britton, J., Tuy, S., Asher, S., Oakes Mueller, K., & Wu, J. (2021). *Young, Non-Religious, and Divorced: The Relationship Between Marriage Age and Religiosity Types and Divorce Likelihood*. Presented at the 101<sup>st</sup> Western Psychological Association Conference. Virtual.
- Ople, M., Warner, K., Britton, J., Taylor, H., Wu, J., & Oakes Mueller, K. (2020). *Experiences of Childhood Trauma and Parental Bonding in Relation to Marital Satisfaction* Presented at the 100<sup>th</sup> Western Psychological Association Conference. Virtual.
- Taylor, H., Britton, J., Warner, K., Ople, M., Oakes Mueller, K., & Wu, J. (2020). *The Relationship Between Types of Religiosity and Relational Sex Timing*. Presented at the 100<sup>th</sup> Western Psychological Association Conference. Virtual.
- Smith, A., Ople, M., Oakes Mueller, K.L., & Wu, J. (2019). *Childhood Trauma and Cohabitation*. Presented at the 99<sup>th</sup> Western Psychological Association Conference. Pasadena, CA.

- Noe, S., Teter, T., Whiteman, L., Oakes Mueller, K. L., & Wu, J. (2018). *Differences in Marital Satisfaction Related to Sexual Timing*. Presented at the 98<sup>th</sup> Western Psychological Association Conference. Portland, OR.
- Teter, T., Whiteman, L., Noe, S., Oakes Mueller, K. L., & Wu, J. (2018). *The Relationship Between Childhood Trauma and Relational Sex Timing*. Presented at the 98<sup>th</sup> Western Psychological Association Conference. Portland, OR.
- Whiteman, L., Noe, S., Teter, T., Wu, J., & Oakes Mueller, K. L. (2018). *The Relationship Between Religiosity and Sex Timing with Current Spouse*. Presented at the 98<sup>th</sup> Western Psychological Association Conference. Portland, OR.
- Wu, J., Oakes Mueller, K. L., Neumayer, C., Noe, S., & Chow, C. (2017). *The Impact of Avoidant Attachment and Religiosity on Marital Satisfaction*. Presented at the 97<sup>th</sup> Western Psychological Association Conference. Sacramento, CA.
- Watson, A., Chow, J., Neumayer, C., Noe, S., Wu, J., & Oakes Mueller, K. L. (2017). *The Relationship Between Anxious Attachment, Religiosity, and Cohabitation*. Presented at the 97<sup>th</sup> Western Psychological Association Conference. Sacramento, CA.
- Neumayer, C., Noe, S., Watson, A., Chow, J., Oakes Mueller, K. L., & Wu, J. (2017). *Exploring the Relationship Between Adverse Childhood Experiences, Parental Care, Current Religiosity, and Divorce*. Presented at the 97<sup>th</sup> Western Psychological Association Conference. Sacramento, CA.
- Wu, J. & Oakes Mueller, K. L. *Married Couples: Predictors of Marriage Satisfaction and Divorce*. PLNU Faculty Development and Faculty Scholarship Day, Liberty Station Campus, August 23, 2016.
- Wu, J., Oakes Mueller, K. L., Neumayer, C., & Becker, L. F. (2016). *Associations Between Divorce Occurrences, Sexual Timing, Cohabitation, and Religiosity*. Presented at the 96<sup>th</sup> Western Psychological Association Conference. Long Beach, CA.
- Becker, L. F., Neumayer, C. V., Oakes Mueller, K. L., & Wu, J. (2016). *Marital Satisfaction in Relation to Early Childhood Experiences and Current Attachment*. Presented at the 96<sup>th</sup> Western Psychological Association Conference. Long Beach, CA.
- Carey, T.C., Herrera, G., Wu, J.T., & Oakes Mueller, K.L. (2015). *The Relationship Between Marriage Satisfaction, Partner Attachment, and Brain Inventories*. Presented at the 95<sup>th</sup> Western Psychological Association Conference. Las Vegas, NV.

- Herrera, G., Carey, T.C., Oakes Mueller, K.L., & Wu, J.T. (2015). *The Relationship Between Cohabitation, Avoidant Attachment, Childhood Trauma, and Divorce*. Presented at the 95<sup>th</sup> Western Psychological Association Conference. Las Vegas, NV.
- Pendakur, R., Tibbs, J., Von Striver, L.T., Wu, J.T., Oakes Mueller, K., & Owen, C.(2014). *Associations Between Childhood Attachment and Brain System Inventories*. Presented at the 94th Western Psychological Association Conference. Portland, OR.
- Tibbs, J.,Pendakur, R., Von Striver, L.T., Wu, J.T., Oakes Mueller, K., & Owen, C.(2014). *Associations Between Physical and Emotional Neglect and Brain System Inventories*. Presented at the 94th Western Psychological Association Conference. Portland, OR.
- Munoz, M.M., Furtado, T.P., Vaillancourt, A.A., Wu, J.T., & Oakes Mueller, K.L. (2013). *The Effects of Early Trauma Clusters on Marriage Satisfaction*. Poster symposium presented at the Western Psychological Association Annual Convention, Reno, NV.
- Vaillancourt, A.A., Furtado, T.P., Munoz, M.M., Oakes Mueller, K.L., & Wu, J.T. (2013). *The Effects of Brain Region Functioning on Marriage Satisfaction*. Poster symposium presented at the Western Psychological Association Annual Convention, Reno, NV.
- Vaillancourt, A.A., Nelson, V., Oakes Mueller, K.L., & Wu, J.T. (2012 April). *Communication and Help Seeking Preferences Across Three Asian American Populations*. Poster presented at the Western Psychological Association 2012 Annual Conference, San Francisco, CA.
- Nelson, V., Vaillancourt, A.A., Wu, J.T., & Oakes Mueller, K.L. (2012 April). *Premarital and Marital Behaviors Across Three Asian American Populations*. Poster presented at the Western Psychological Association 2012 Annual Conference, San Francisco, CA.
- Petti, L. E., Ozuna, G. B., Wehrle, C. P., and Wu, J. T. (2011, April). *Marital Help Seeking Preferences in Asian, Latino, and White Couples*. Poster presented at the Western Psychological Association 2011 Annual Conference, Los Angeles, CA.
- Bomba, J. L., Saldine, E. J., Schaffner, N. L., Hoshiko, H. A., and Wu, J. T. (2010, April). *Comparing Premarital and Current Marriage Behaviors Among Asian, Latino, and White Couples*. Poster presented at the Rocky Mountain Psychological Association 2010 Annual Conference, Denver, CO.

- Hoshiko, H. A., Schaffner, N. L., Saldine, E. J., Bomba, J. L., and Wu, J. T. (2010, April). *Marriage Communication in Same Race and Interracial Asian, Latino, and White Couples*. Poster presented at the Rocky Mountain Psychological Association 2010 Annual Conference, Denver, CO.
- Nada, A. R., Bomba, J. L., Corrado, S. L., Cramer, K. L., and Wu, J. T. (2009, April). *Marital Satisfaction in Relation to Premarital, Current, and Web Behaviors*. Poster session presented at the Western Psychological Association Annual Convention, Portland, OR.
- Cramer, K. L., Corrado, S. L., Bomba, J. L., Nada, A. R., and Wu, J. T. (2009, April). *Asian, Latino, and White Interracial and Same Race Marriage Assessment*. Poster session presented at the Western Psychological Association Annual Convention, Portland, OR.
- Radke, K. E., Tardie, L. E., Corrado, S. L., and Wu, J. T. (2008, April). *A deeper understanding of attachment quality and psychological distress*. Poster session presented at the Western Psychological Association Annual Convention, Irvine, CA.
- Corrado, S. L., Tardie, L. E., Radke, K. E., and Wu, J. T. (2008, April). *Marital satisfaction in Asian American couples: a pilot study*. Poster session presented at the Western Psychological Association Annual Convention, Irvine, CA.
- Miles, C., Tablak, A., Pearce, C., Parra, V., & Wu, J. (2007, April). *The connection between attachment quality and psychological distress*. Poster session presented at the Rocky Mountain Psychological Association Annual Convention, Denver, CO.
- Wu, J. T. (Ed.), Amstead, L. K., Croy, D. A., Leffel, G. M., Martin, K. E., & Taylor, D. B. (2006). *Setting your sail: vocational life stories from Wesleyan faculty*. Monographs of Point Loma Nazarene University, 5.
- Tatum, M., Hardy, N., Testerman, L., Irwin-Chase, H., Johnson, J., & Wu, J. (2006, April). *Effect of Learning Style Interventions on Course Satisfaction*. Poster session presented at the 86th Annual Western Psychological Association Convention, Palm Springs, CA.
- Testerman, L., Hardy, N., Tatum, M., Irwin-Chase, H., Johnson, J., & Wu, J. (2006, April). *Reliability and Validity of the VARK: A Learning Style Assessment*. Poster session presented at the 86th Annual Western Psychological Association Convention, Palm Springs, CA.
- Cooper, N., Crocker, N., Erselius, K., Lerma, A., Irwin-Chase, H., Wu, J., and Johnson, J. (2005, April). *Development of a brief course satisfaction measure*. Poster session presented at the Rocky Mountain Psychological Association Annual Conference, Phoenix, AZ.



- Wu, J. T., Young, L., Lowe, D., Malone-Colon, L., Nielsen, A., Parrott, L. (2003). Teaching marriage classes to undergraduate students. *Smart Marriage Conference Workshop*, Reno, NV.
- Manese, J. M., Wu, J. T., & Nepomuceno, C. A. (2001). The effect of training on multicultural counseling competencies: an exploratory study over a ten-year period. *Journal of Multicultural Counseling and Development*, 29, 31-40.
- Wu, J., Nepomuceno, C., & Manese, J. Examination of Asian American client data from a university counseling center. Poster session presented at the annual meeting of the Asian American Psychological Association. San Francisco, CA. 1998.
- Bempechat, J., Nakkula, M., Wu, J., & Ginsberg, H. (1996). Attributions as predictors of mathematics achievement: a comparative study. *Journal of Research and Development in Education*. 29(2), 53-59.
- Bempechat, J., Ginsberg, H., & Wu, J. *Achievement motivation among working class and middle class white children*. Poster session at the Biennial Conference of the Society of Research and Child Development. Kansas City, MO. 1989.
- Bempechat, J., Ginsberg, H., & Wu, J. *Achievement motivation in Cambodian refugee children: a comparative study*. Panel discussion at the Biennial Conference of the Society of Research and Child Development. Kansas City, MO. 1989.

#### Popular Publications

- Wu, J. T. & Wright, N. E. (2012). *Yoyo Dad 2: Dating Well in an Up and Down World*. Amazon.
- Wu, J. T. (2011). *The Yoyo Dad's Journal: Raising Emotionally Healthy Kids in an Up and Down World*. Amazon.

#### Community Involvement

- Marriage Speaker Boston Chinese Evangelical Church Couples Retreat, Fall 2016.

- Coach Master Your Sports Community Basketball League, High School Team, Summer 2013, 2014, 2015.
- Volunteer instructor for College Bound Summer Academy, June 2013.
- Subject Matter Expert, Item Review Workshop. Board of Psychology, Sacramento, CA. Reviewed and edited questions for the California Psychology Supplemental Examination for California Psychology Licensure Exam, 2008.
- “My Therapist Sez” Premarital Panel Discussion, Skyline Church, La, Mesa. Panel speaker regarding premarital issues and topics. Broadcast on KPRZ Living Water Radio Show, 2007.
- Coach of Yellow Sparks Soccer Team for five-year-old boys, Fall 2005.
- Elected to School Site Council of Park Village Elementary School. Worked to create the school’s Single Plan for School Achievement document, and review budgets, 2003-2005
- Presented three workshops on building intimate relationships at the Chinese Evangelical Church of San Diego’s annual retreat, 2002.

### Church Involvement

- Currently attend and am a member of the Chinese Evangelical Church in Linda Vista, CA.
- College and Young Adult Sunday school teacher, attendance 12, Summer 2019.
- Middle school Sunday school teacher, attendance 10, Summer 2017.
- College and young adult Sunday school teacher, attendance 60+, Fall 2014.
- Member of the North County Inland couples bible study from Chinese Evangelical Church, 2014 - present.
- Sunday School Teacher, fourth and fifth grade, Rancho Bernardo Community Presbyterian Church, 2007 - 2010.
- Member of a Home Bible Study Fellowship that meets weekly for Bible Study, prayer, and fellowship, 1995 - present.
- Attended the Chinese Bible Church, in Carmel Mountain Ranch. This is a non-denominational, evangelical, English-speaking Chinese American church. Started and

coordinated POPS (Parents of Preschoolers) Home Fellowship Small Group, 1999 - 2004.

- Consulted with Pastor about psychological issues and consulted with small group leaders regarding small group dynamics. Substitute Sunday School teacher and substitute nursery worker. Chinese Bible Church, Carmel Mountain Ranch, 2000 - 2001.
- English Leadership Council of Cornerstone Christian Church in Del Mar. Taught Adult Sunday School, 1996 - 1997.
- Advisor to Branch College Fellowship, Boston Chinese Evangelical Church. Led discipleship groups, advised student leaders, addressed large group meetings, 1992 - 1994.
- Young adult fellowship leadership council. Boston Chinese Evangelical Church. Planned meetings, retreats, and led programs for this age group, 1988 - 1990.
- Director of Junior High Ministries, Evangelical Formosan Church, Orange County. Led Friday night and Sunday activities and lessons, planned retreats, discipled students, and coordinated retreats for 30-40 7<sup>th</sup> and 8<sup>th</sup>-grade students, 1983 - 1987.

### Personal Interests

- My deepest commitment is to my wife of 30+ years and two young adult sons. My interests at this point in life largely involve interacting with them as much as possible.
- I enjoy running, cycling, electric vehicles, and the yoyo. In 2014 I completed the Wildflower Long Course Triathlon (a half Ironman distance). In 2012 I completed the Superfrog Half Ironman Triathlon. In 2007 both my wife and I earned the Triple Crown Medal for completing three half marathons in San Diego.
- I enjoy electronic gadgets of all types, but especially electric vehicles and embodied AI systems.
- I love to read and enjoy the fact that nearly everything I read relates to the field of Psychology in some way.
- Strengths Quest: Learner, Strategic, Achiever, Consistency, Connectedness.