Curriculum Vitae

Natalie W. Hsieh, PhD, MATS | AMFT 142591
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EDUCATION

2017- 2021 **PhD in Systems, Families, and Couples**, with specialization in Family Studies
Loma Linda University in Loma Linda, CA
Program Director: Zephon Lister, PhD
Dissertation Chairs: Jackie Williams-Reade, PhD and Bryan Cafferky, PhD
Dissertation Title: Constructing Bicultural Identity and Shame Resilience in Chinese* Americans

2015 – 2017 **MS in Marital & Family Therapy**
Loma Linda University in Loma Linda, CA

2011 – 2013 **MA in Theological Studies**, with concentration in Historical and Theological Studies
Bethel Seminary San Diego in San Diego, CA
summa cum laude

2003 – 2004 **MA in Psychology**
Stanford University in Stanford, CA

1999 – 2003 **BA in Psychology**
Stanford University in Stanford, CA

TEACHING AND MENTORING EXPERIENCE

8/2024-present **Assistant Professor**, Clinical Counseling, Point Loma Nazarene University, San Diego, CA
Courses: Issues in Psychology – Theology Integration, Multicultural Theories & Development, Counseling Theories & Faith Integration I, Research Methodology
Teach and oversee courses, including teaching assistant grading, student correspondence, mentorship, and support. Collaborate in service to department, university, and profession.

9/2021- 3/2022 **Affiliate Assistant Professor,** Marriage and Family Therapy, Fuller Seminary, Pasadena, CA
Courses: Legal and Ethical Issues in Family Practice, Family Therapy, Integration Formation Group
Prepared weekly video and in-person lectures and assignments for ~70 students. Managed Canvas website, teaching assistant grading, student correspondence and support. For formation group, facilitated small group interactions to foster personal and spiritual formation in community.

9/2019-12/2019 **Online Co-Instructor,** Counseling and Family Sciences, Loma Linda University, Loma Linda, CA
Course: Foundations of Systems Thinking
Co-taught lectures with class professor. Graded student online and paper assignments.
Managed course website and student correspondence.

7/2018-2/2019 **Graduate Assistant,** Counseling and Family Sciences, Loma Linda University,
Loma Linda, CA
Provided administrative support to Department Chair. Managed course websites, provided some student grading, and created and maintained department marketing and surveys.
Courses: Treating the Severely Mentally Ill and Recovery Process, Crisis Intervention

2/2018–6/2018 **Teaching Assistant**, Counseling and Family Sciences, Loma Linda University, Loma Linda, CA
Course: Advances in Family Sciences
Provided in-person support for MFT professor and graduate students in group process-based seminar on topics related to social context and diversity.

4/2012-5/2013 **Teaching Assistant**, Marital & Family Therapy, Bethel Seminary San Diego, San Diego, CA
Provided administrative and course communication support for professor and students.
Maintained professor course websites and online student grading records.

RESEARCH EXPERIENCE

7/2020-8/2021 **Co-Principal Investigator**, Counseling and Family Sciences, Loma Linda University, Loma Linda, CA
Designed qualitative dissertation on bicultural identity construction and shame resilience in 1.5 and second-generation Chinese* Americans. Conducted 30 online 1.5-hr interviews, managed and analyzed data, oversaw research assistant and member checking, planned dissemination.

8/2014–12/2015 **Research Assistant,** Center for Justice & Reconciliation, Pt. Loma Nazarene University, San Diego, CA
Conducted high school focus groups for NIJ grant examining San Diego gangs, sex trafficking. Assisted with data coding, lit review, analysis, and dissemination: https://www.ojp.gov/pdffiles1/nij/grants/249857.pdf

4/2008–6/2010 **Research Study Coordinator,** Clinical Sciences, UT Southwestern Medical Center, Dallas, TX
Coordinated NIH R01 grant team measuring effectiveness of training lay health promoters to reduce CVD risk in African-American congregations. Managed data and research compliance. Planned events for 300+ persons, 100+ volunteers. http://dx.doi.org/10.1016/j.cct.2011.05.017

1/2006—9/2007 **Staff Research Associate,** Cognitive Development Lab, UC San Diego, San Diego, CA
Developed procedures to implement longitudinal research project on emergence of shared attention in infants. Oversaw training and support of lab personnel (undergrad, grad, staff).

THERAPY AND COMMUNITY EDUCATION EXPERIENCE

4/2024—PRESENT **Therapist,** Center for Enriching Relationships, San Diego, CA
Provide outpatient therapy for children and adult individuals, couples, and families; present cases for supervision.

8/2022-6/2024 **School-Based Therapist**, William S. Hart Union High School District, Santa Clarita, CA
Provided school-based therapy for IEP and general ed. high school students; provide parent counseling and targeted case management; conduct crisis assessments; attend IEP meetings and collaborate with school personnel (administrators, teachers, academic counselors, case managers, social workers, school psychologist) and outside providers.

3/2019-8/2019 **Pre-Marital Educator**, Chinese Baptist Church of West Los Angeles, Los Angeles, CA
Co-facilitated pre-marital education with spouse, adapting PREPARE-ENRICH topics (spiritual beliefs, personality, communication, boundaries and balance, finances, conflict, sex, children).

9/2016–7/2017 **Marital and Family Therapy Trainee**, Christian Counseling Service, Redlands, CA
Provided outpatient therapy for individuals, couples, and families; co-leading parenting and domestic violence prevention classes, coaching and supervising family reunification visits. Present case summaries for supervision.

4/2016–10/2016 **Marital and Family Therapy Trainee**, Samaritan Counseling Center, Upland, CA
Provided outpatient therapy for individuals and couples; assisted with parenting classes and behavioral assessment for family of child with disabilities. Presented cases for supervision.

3/2014–9/2015, 1/2016-4/2017 **Pre-Marital Educator**, Harvest Evangelical Church of San Diego, San Diego, CA
Co-facilitated pre-marital education with spouse, adapting PREPARE-ENRICH topics (spiritual beliefs, personality, communication, boundaries and balance, finances, conflict, sex, children).

8/2004–7/2005 **Graduate Student Clinician**, UCSB Koegel Autism Center, UC Santa Barbara, Santa Barbara, CA
Provided home and clinic behavioral intervention and parent education for children on the autism spectrum. Presented video and case summaries for weekly supervision.

PROFESSIONAL TRAINING

1/2017 Certification, 4-Day Emotionally-Focused Therapy (EFT) Externship

2/2016 Certification, House of Ruth Winter 40-hr Domestic Violence Training

3/2014 Certification, PREPARE-ENRICH Facilitator

COMMUNITY SERVICE AND OUTREACH

2024	**Workshop Co-Teacher,** "Spirituality and Mental Health" workshop for adults; three-part workshop series for youth: "Identity, Faith, and Mental Health," "Anxiety, Depression, and Stress," and "From Isolation to Inclusion." Chinese Community Church, San Diego, CA.
2023	**Panelist**, in public lecture (Lim, B., 2023): "The Trilogy of Care: Challenges and Strategies in Mitigating Compassion Fatigue and Burnout." Pacific Theological Seminary, San Diego, CA.
2022	**Workshop Speaker**, "Mental Health and Whole-Person Care" Three-part series. Chinese Baptist Church of West Los Angeles, Los Angeles, CA.
2022	**Panelist**, "Adolescent Mental Health and COVID-19: Identifying Unique Stressors, Danger Points, and Intervention Strategies." HANDS International Virtual Health Symposium.
2019 – 2021	**Council Member**, Patient Family Advisory Council, LLU Children's Hospital, Loma Linda, CA Key contributor to *LLUCH Outpatient Resource List for Caregivers and Families of Children with Ongoing Medical Conditions*
2020 – 2021	**Student Team Lead**, Student Wellness Committee, Department of Counseling and Family Sciences, Loma Linda University, Loma Linda, CA
2018 – 2021	**Student Member**, Spiritual Life and Wholeness Committee, School of Behavioral Health, Loma Linda University, Loma Linda, CA
2018	**Team Member**, Erasing Shame, www.erasingshame.com Collaborated on production of inaugural season of Erasing Shame podcast, including administrative coordination of Erasing Shame About Mental Health series (CalMHSA grant)
2016 – 2017	**Student Advisory Committee Member**, Department of Counseling and Family Sciences, Loma Linda University, Loma Linda, CA
2016	**Workshop speaker**, "HECSD Child Abuse Prevention Training." Harvest Evangelical Church of San Diego, San Diego, CA
2013	**Co-Instructor**, "Grief and Depression." Part of Mental and Emotional Health Teaching Series. Harvest Evangelical Church of San Diego, San Diego, CA

WRITING & PUBLICATIONS

Williams-Reade, **Hsieh, N**., Velasco, J. & Huelett, B. (accepted). Medical Family Therapy and Medical Trauma. In Georgiadou & Notice (Eds.) *Trauma-Informed Approaches in Relational Therapy: Interventions and Applications.* New York, NY: Springer.

Hsieh, N. & ChenFeng, J. (2024). Constructing Shame Resilience as Asian Americans: Face, Race, and Bicultural Identity. In ChenFeng, J. & Kim, L. (Eds.) *Asian American Identities, Relationships, and Cultural Legacies: Reflections from Marriage and Family Therapists.* New York, NY: Routledge.

Hsieh, N. (2021). *Constructing Bicultural Identity and Shame Resilience in Chinese* Americans* (Doctoral dissertation, Loma Linda University).

Quek, K. M.-T., **Hsieh, N. W-M.,** & Eppler, C. (2021). Collectivist Discourses in Relational Intersectionality: Insights from Chinese American Christian Couples. *Journal of Family Issues*, 42(11), 2487–2508.

Hsieh, N. (Summer 2020). The Journey of a Leader. *MFP Times*, 3, 38-39. Alexandria, VA: AAMFT Foundation Minority Fellowship Program.

Hsieh, N. (2017). Book Look: Tapestry of Grace – Untangling the Cultural Complexities in Asian American Life and Ministry. *MissioNexus.*

DeHaven, M. J., Ramos-Roman, M. A., Gimpel, N., Carson, J., DeLemos, J., Pickens, S., Simmons, C., Powell-Wiley,T., Banks-Richard, K., Shuval, K., Duval, J., Tong, L., **Hsieh, N.,** & Lee, J. J. (2011). The GoodNEWS (Genes, Nutrition, Exercise, Wellness, and Spiritual Growth) trial: A community-based participatory research (CBPR) trial with African American church congregations for reducing cardiovascular disease risk factors - recruitment, measurement, and randomization. *Contemporary Clinical Trials*, 32(5), 630-640. doi:10.1016/j.cct.2011.05.017

PROFESSIONAL PRESENTATIONS

Hsieh, N., (2023, Feb). *Clinical Case Presentation.* Presentation of clinical case at William S. Hart Union High School District Department Meeting, Santa Clarita, CA.

Quek, K., Eppler, C., and **Hsieh, N.** (2023, April). The Intersection of Social Locations in Asian American Couples: A Qualitative Inquiry. Presentation at The Asian Conference on Psychology & the Behavioral Sciences, virtually and in Tokyo, Japan.

Hsieh, N., Cafferky, B., Williams-Reade, J., Ing, K., ChenFeng, J., Lister, Z. (2021, Nov). Bicultural Identity Negotiation and Shame Resilience in Chinese Americans. Presentation at the Theory Construction and Research Methodology workshop, National Council on Family Relations (NCFR) virtual annual conference.

Hsieh, N., Quek, K., Eppler, C (2021, June). Relational Intersectionality with Collectivist Couples. Presentation at the American Family Therapy Academy (AFTA) virtual conference.

Hsieh, N., ChenFeng, J., Lister, Z., & Banjoko, S. (2019, June). Bicultural Shame Resiliency in Chinese Americans. Presentation at the American Family Therapy Academy (AFTA) conference, Oakland, CA.

Hsieh, N. (2019, June). *Psychoanalytic Theories.* Guest lecturer to MFT/MHC graduate course at Bethel Seminary San Diego, San Diego, CA.

Hsieh, N. (2019, June). *Family Systems Theory and Therapy.* Guest lecturer to MFT/MHC graduate course at Bethel Seminary San Diego, San Diego, CA.

Hsieh, N., Lister, Z., & Smith, J.D. (2019, May). *Cultivating Spiritual Home and Hospitality.* Presentation at School of Behavioral Health Spiritual Integration Luncheon, Loma Linda, CA.

Hsieh, N. (2019, March). *Qualitative Methods.* Guest lecturer to undergraduate students at Hope International University, Fullerton, CA.

ChenFeng, J. & **Hsieh, N.** (2018, November). *Contextual Differentiation with Second Generation Asian Americans.* Poster at the National Council on Family Relations (NCFR) Conference, San Diego, CA.

Hsieh, N. (2018, November). *Postmodern Approaches: Solution-focused Brief Therapy and Narrative Therapy.* Guest lecturer to graduate students at Loma Linda University, Loma Linda, CA.

Hsieh, N. (2018, October). *Community Mental Health Care and Culture.* Guest lecturer to graduate students at Loma Linda University, Loma Linda, CA.

FELLOWSHIPS & AWARDS

2023	Fellowship Recipient, Family Process Institute New Writer's Fellowship
2021	Research Excellence Award, Loma Linda University School of Behavioral Health
2016 – 2017	Ryo & Jean Komae Scholarship Award Recipient, Asian American Christian Counseling Services
2016 – 2017	Fellowship Recipient, AAMFT Minority Fellowship Program-Doctoral Fellowship
2014 – 2015	Fellowship Recipient, AAMFT Now Is the Time: Minority Fellowship Program—Youth
2013	Dean's Award for Highest Academic Achievement, Bethel Seminary San Diego
2013	Who's Who Among Students in American Universities and Colleges