SHEKYRA DECREE, LPCC-S | CURRICULUM VITAE

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Queenspace Counseling & Wellness, LLC | queenspace614@gmail.com

EDUCATION

Ohio University **2021**
PhD, Counselor Education and Supervision
Dissertation: Reclaiming Our Time: An Interpretive Phenomenological Analysis Study of the Wellness and Aging Perceptions of Older Adult Black Women Endorsing the Strong Black Woman Schema

University of Dayton **2007**
M.Ed., Community Counseling

The Ohio State University **1999**
B.A., Journalism
Minor: Political Science

TEACHING EXPERIENCE

Point Loma Nazarene University Theological **8/2026–Present**
Faculty (Part-time), MACC Online Program
- Professional Ethics & Law (Instructor of Record)
- Multicultural Issues (Curriculum Development)
- Human Sexuality (Curriculum Development)

Develop and instruct graduate-level counseling courses integrating experiential learning, multicultural competency, and faith-based perspectives to strengthen clinical proficiency and professional excellence.

Ashland Theological Seminary **8/2024–8/2026**
Assistant Professor, Clinical Mental Health Counseling
- Cultural and Social Issues
- Group Dynamics
- Internship in Counseling
- Treatment Planning
- Differential Diagnosis
- Crisis Counseling

Developed and instructed graduate-level courses that fostered both academic excellence and practical skill development in the CACREP-accredited Clinical Mental Health Counseling program. Integrated experiential learning, multicultural competency, and faith-based perspectives into the curriculum to prepare future counselors for professional excellence and compassionate service.

Grace College **9/2023–Present**
Adjunct Instructor
- Foundations in Clinical Mental Health Counseling
- Personality and Counseling Theories
- Gender and Sexuality
- Marriage and Family Counseling

Internship in Counseling
Advanced Internship in Counseling

Provide adjunct teaching and instruction for graduate level, CACREP-accredited courses in Counselor Education and Supervision.

Ohio University **1/2020–5/2020**
Co-instructor with Dr. Adrienne Erby | Counseling Over the Lifespan Course
Co-facilitated classroom instruction; assisted with coursework development; graded coursework; assisted with syllabus development.

Ohio University **9/2019–12/2019**
Instructor of Record | Stress Management Course
Instructed undergraduate course exploring implications of stress management and wellness initiatives.

Ohio University **9/2018–12/2018**
Graduate Assistant to Dr. Adrienne Erby | Multicultural Counseling Course

SUPERVISION EXPERIENCE

Ohio University **2018**
Doctoral Student Supervisor
Supervised Master's students during labs for Counseling Theories and Techniques Course.

Ohio University **2018**
Doctoral Student Small Group Facilitator and Supervisor
Facilitated and supervised Master's students during labs for Group Counseling Course.

LEADERSHIP AND ADMINISTRATIVE EXPERIENCE

Ruling Our eXperiences (ROX) **07/2022–07/2023**
Director – ROX Institute for Research & Training
Leads research and partnership initiatives aimed at supporting adults who support girls in schools and communities. Manager of Dr. Patty Diversity Fellowship.

Ruling Our eXperiences (ROX) **07/2023–03/2024**
Director of Social Impact & Belonging
Executes leadership by promoting diversity, equity, and representation within the ROX organization and leading initiatives that engage, affirm, promote, and support diverse and underrepresented populations of girls, organization staff, and program facilitators. Ensures that ROX curriculum and programs are culturally relevant and that ROX staff and facilitators are culturally competent, informed, and responsive to the needs of underrepresented girls, their adult influencers, and caregivers.

COUNSELING EXPERIENCE

Queenspace Counseling & Wellness, LLC **1/2022–Present**
Private Counseling Practice (Founder)

Provide counseling and mental health services specializing in culturally responsive treatment for Black and Brown women and girls across the lifespan.

The Columbus Academy **10/2019–07/2022**
School-based Mental Health Counselor – Middle School
Provide group, individual, and mental health counseling for students in grades 6–8. Facilitate student multicultural affinity groups.

Key Counseling and Consultation Services **1/2019–11/2019**
Counselor (Internship)
Treated and diagnosed mental and emotional disorders in an outpatient setting.

Kepro **1/2016–7/2019**
PASRR Assessor (Ohio Dept. of Mental Health)
Conducts PASRR assessments for consumers in nursing facilities, hospitals, and the Central Ohio community, in order to determine level of care and support needed for activities of daily living.

The Columbus Academy **8/2015–6/2018**
Upper School Counselor
Provide group, individual, and mental health counseling for students grades 9–12.

Brookwood Academy **8/2011–8/2015**
School-based Mental Health Counselor (grades 6–12)
Provided group and individual counseling for children diagnosed with autism spectrum disorders.

Center for Hope, Help, & Healing Counseling and Consultation Services, LLC **1/2012–6/2014**
Private Counseling Practice (Founder)
Treated and diagnosed mental and emotional disorders in an outpatient setting.

Netcare Access **6/2007–1/2014**
Mental Health Assessment Clinician
Provided mental health crisis intervention and brief treatment services to a diverse population of clients in a supportive environment.

Ohio Guidestone **7/2009–8/2011**
Youth and Family Therapist
Provided individual/family counseling, assessment, and case management for youth and their families. Coordinated services with Franklin County Children Services, schools, homeless shelters, and churches in the community.

The Ohio State University Wexner Medical Center, Talbot Hall **6/2008–3/2010**
Addiction Counselor
Facilitated IOP groups for women addicted to drugs and alcohol.

George Junior Republic Preventative Aftercare **4/2007–7/2009**
Counselor
Provided individual/family counseling to youth and families involved with Franklin County Children Services.

The Village Network of Columbus **8/2006–4/2007**
Evening Reporting Counselor
Provided individual/family counseling, assessments, and group dual treatment services to adjudicated adolescent sex offenders.

Lighthouse Christian Counseling Services **8/2005–3/2007**
Mental Health Counselor Trainee (Internship)
Under supervision, performed individual counseling/therapy for persons with mental/emotional disorders.

NON-REFEREED PUBLICATIONS

DeCree, S. J. (2020, January). Wellness and the Counselor Supervisor. North Central Association for Counselor Education and Supervision, p. 10–13.

PUBLICATIONS

Erby, A. N., Jones, C. T., & DeCree, S. (2024). “Having our say” revisited: Wellness of Black women counselors. Journal of Multicultural Counseling and Development, 52(4), 257–272. https://doi.org/10.1002/jmcd.12308

PRESENTATIONS

DeCree, S. J. (2020, May). Black don’t crack: Multicultural counseling considerations for the strong Black woman schema. Virtual webinar presented at the First Annual CSI Ohio Conference, Kent, OH.

Foreman, T., O’Brien, J., Gunawan, N., DeCree, S., & Wesley, J. (2020, November). The challenging art of juggling roles in times of crisis: Partnered, parent, graduate student. Presented virtually at the All-Ohio Counselor Conference.

Newkirk, C., Lartey, G., & DeCree, S. (2022, August). Leading with emotional intelligence. Presented at the Student National Association Regional Leadership Institute 2022 at The OSU Wexner Medical Center.

DeCree, S. J. (2022, October). Strategies for mental health resilience and balance for medical students of color. Virtual webinar presented for Mental Health Awareness Week for the Student National Medical Association, Inc., at Wright State University.

DeCree, S. J. (2022, October). Strategies for supporting Black girls: Building resilience, strength, and leadership. Presented at the All Ohio Counselor Conference.

DeCree, S. J. (2022, November). Strategies for supporting Black girls: Building resilience, strength, and leadership. Presented at the NASW 2022 Annual Conference.

DeCree, S. J. (2023, March). Strategies for Supporting Black Girls: Building Resilience, Strength, and Leadership. Presented at the Cincinnati Children’s Hospital 2023 Annual Social Worker and Clinical Counselor Conference.

DeCree, S. J. (2023, June). The Girls Are Not Alright: What caregivers need to know about the state of adolescent girls’ mental health. Presented at the 2023 Ohio Family Care Association Annual Conference.

DeCree, S. J. (2023, July). Strategies to support Black girls. Presented at the 2023 American School Counselor Association Conference.

DeCree, S. J. (2023, October). Her Struggle is Real: Tackling the Mental Health Crisis Among Adolescent Girls. Presented at the All-Ohio Counselor Conference.

DeCree, S. J. (2024, January). Her Struggle is Real: Tackling the Mental Health Crisis Among Adolescent Girls. Presented at the Palmetto State School Counselor Association Conference.

DeCree, S. J. (2024, February). Thriving Over Surviving: Promoting personal wellness among BIPOC medical students. A virtual webinar presented for the Student National Medical Association, Inc., Region V, at Wright State University.

DeCree, S. J. (2024, December). Managing workplace boundaries. Presented at the Belonging and Wellbeing Summit for Student Life at The Ohio State University.

DeCree, S. J. (2024, December). Creating a culture of support and wellness. Presented at the Belonging and Wellbeing Summit for Student Life at The Ohio State University.

PROFESSIONAL SERVICE AND INVOLVEMENT

Association for Specialist in Group Work **5/2019–9/2019**
Media Specialist Intern
Developed and created social media content for ASGW social media pages to increase awareness, membership, programming, and conference participation.

North Central Association for Counselor Education and Supervision (NCACES) **10/2020**
Emerging Leader

Memberships:

- Ohio Counseling Association
- American Counseling Association
- Association for Multicultural Counseling and Development

AWARDS

The Donald A. Green Memorial Award, Counselor Education, Ohio University (2020)

The Alpha Chapter of Chi Sigma Iota First Year Doctoral Student Excellence Award (2019)

NCACES Emerging Leader (2020)