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Highlights and Qualifications

- Over 19 years of experience providing outstanding evaluation, treatment, rehabilitation, and reconditioning to active individuals
- Commitment to provide excellent sports medicine education and instruction
- Ability to build effective relationships with students, athletes, physicians, coaches, peers, and administration
- Established dependability, initiative, and creativity with superb organizational and communication skills inside and outside of the classroom and clinic
- Exceptional leadership qualities with proven supervisory skills
- Demonstrate effective service and teamwork skills in the management of athletic injuries
- Desire to provide individualized medical care to all athletes

Education

1998-2000

University of Nevada, Las Vegas, NV

Master of Science degree with a major in Kinesiology, emphasis in Sports Medicine

1994-1998

Point Loma Nazarene University, San Diego, CA

Bachelor of Arts degree with a major in Physical Education: Athletic Training

Certifications

June 1999 - Present

National Athletic Trainers' Association, Board of Certification

July 2003 – Present

American Red Cross Instructor; First Aid, CPR, AED for the Professional Rescuer and Lay person

Special Training

January 2003

National Athletic Trainers' Association Clinical Instructor Educator

April 2005

National Athletic Trainers' Association, Board of Certification Examiner

May, 2014

Tecnica Gavilan PTB Certified

Professional Experience

2013 – Present

Head Athletic Trainer/Adjunct Professor

Athletic Department / Department of Kinesiology, Point Loma Nazarene University

Athletic Training Responsibilities:

- Develops overall sports medicine program for the University, including: injury prevention programs, injury evaluations, injury management, injury treatment and rehabilitation, educational programs, and counseling for Student-Athletes.
- Provides athletic training services for the athletic department, including attendance at and supervision of scheduled team practices and home and away competitions as necessary.
- Supervises the treatment or referral of all injuries and post injury rehabilitation to the members of the sports medicine team; interface directly with medical personnel regarding the treatment of Student-Athletes.
- Coordinates and schedules physical examinations and medical referrals for Student-Athletes to determine their ability to practice and compete.
- Develops, trains, and supervises the athletic training staff.
- Supervises undergraduate Athletic Training Students and/or serves as an Approved Clinical Instructor in the Athletic Training Education Program.
- Supervises the treatment or referral of Student-Athletes suffering from non-orthopedic medical conditions to the Wellness Center on campus.
- Works in conjunction with the strength and conditioning coaches and head coaches to ensure safety in the design and implementation of fitness, nutrition and conditioning programs customized to meet individual Student-Athlete needs.
- Schedules and coordinates athletic training staff for clinical coverage and competitions. Coordinate (may designate responsibility to staff ATC) athletic training students for clinical coverage and competitions.

- Assists Athletic Director in the development of the sports medicine program budget, planning and scheduling the purchasing of all sports medicine program supplies and equipment within allocated budget parameters.
- Determines and ensures the acquisition of safety equipment and supplies applicable to the respective intercollegiate sports; evaluate and recommend new techniques and equipment that would enhance the benefit of the sports medicine program.
- Supervises the compilation and maintenance of statistical records of team injuries and medical data for the Athletic Department.
- Supervises and administers aspects of the medical insurance provided to PLNU athletes as a function of their participation.
- Organizes and schedules randomized drug testing of all athletic teams twice a semester.
- Demonstrates knowledge of and compliance with all PacWest Conference and NCAA rules and regulations as they relate to all job-related activities.
- Specific compliance responsibilities include but not limited to:
 1. Monitor compliance with NCAA Bylaws regarding documentation for medical hardship waivers.
 2. Provide Student-Athletes and coaches with rules education regarding use of banned substances and drug testing.
 3. Provide Student-Athletes and coaches with rules education regarding NCAA and institutional ' insurance programs.
 4. Supervise and monitor ineligibility for the use of banned drugs consistent with NCAA Bylaws.
 5. Assist in compliance with NCAA Bylaws regarding daily and weekly hour limitations.

Courses Taught:

- KIN 280L Intro to Athletic Training Lab
- ATR 390 Clinical Practicum I
- ATR 391 Clinical Practicum II

2003 to Present

Assistant Professor/Head Athletic Trainer

Department of Kinesiology / Athletic Department, San Diego Christian College
El Cajon, CA

Courses Taught:

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| • KIN 101 | Conditioning and Weight Control | KIN 401 | Biomechanics |
| • KIN 103 | Weight Training | KIN 430 | Therapeutic Modalities |
| • KIN 200 | Personal Health and Fitness | KIN 440 | Therapeutic Rehabilitation |
| • KIN 204 | Motor Development and Learning | KIN 451 | Practicum in Athletic Training III |
| • KIN 205 | Care and Prevention of Athletic Injuries | KIN 452 | Practicum in Athletic Training IV |
| • KIN 320 | Evaluation of Athletic Injuries | KIN 482 | Directed Research in Kinesiology |
| • KIN 351 | Practicum in Athletic Training I | KIN 499 | Kinesiology Internship |
| • KIN 352 | Practicum in Athletic Training II | | |

Faculty Responsibilities:

- Creative Preparation and dissemination of most current research in the field
- Maintain safe and orderly environment where students can learn according to their individual style
- Provide timely feedback on student performance
- Provide one-on-one academic advising for 70+ Sports Medicine students
- Serve on two institutional committees a year
- Mentor in-jeopardy students that are on academic accountability

Athletic Training Responsibilities:

- Supervision of assistant athletic trainer and student athletic trainers
- Establish and maintain good working relationships with team physicians and specialists, coaches, and athletic administration
- Care and Prevention of all intercollegiate athletes
- Assessment and evaluation of all injured athletes
- Provide individualized treatment, rehabilitation and reconditioning of all injured athletes
- Provide patient education in health promotion and maintenance
- Supervise the treatment or referral of student-athletes suffering from non-orthopedic medical conditions to the Wellness Center on campus.

- Coordinate and schedule physical examinations and medical referrals for student-athletes to determine their ability to practice and compete.
- Coordinate and supervise annual pre-participation physical examinations for over 175 athletes
- Apply, manage and instruct injured athletes on the use and care of orthopedic appliances such as splints and braces and develop education materials for use
- Maintain medical and injury files for all athletes according to HIIPA guidelines
- Implementation of computerized injury tracking software. Train staff in its utilization
- Implementation of computerized concussion management software in the management in concussed athletes
- Assist in the design and supervision of off-season weight training programs that emphasize injury prevention
- Develop nutrition programs for all sports teams
- Provide practice and game coverage for all sports
- Insurance coordination and administration
- Maintain and oversee athletic training budget
- Purchasing of all athletic training supplies within budget parameters
- Administrative duties such as creation and implementation of policies and procedures manual for students and coaches, revision of all clinic forms and emergency action plan, plan meetings with staff, coordinate and schedule coverage for all home events
- Organize and administer First Aid/CPR/AED training for all coaches and athletic staff

2006-2008 **Kinesiology Department Chair**

Chair Responsibilities:

- Plan and administer Kinesiology department monthly meetings
- Monitor annual department budget
- Annual update of course catalogue and course offering within department
- Recruit , screen and hire adjunct professors
- Write and maintain documents for WASC accreditation process in their evaluation of educational effectiveness
- Began planning and collection of data for departmental review
- Coordinated all department events and parties
- Perform annual faculty performance assessments

Summer 2004 – Summer 2007

Medical Coordinator, Auxillary Staff

National Youth Sports Program at San Diego, San Diego, CA

- Medical coordinator for NYSP, a summer youth sports camp for “at risk” youth ages 10-16
- Organized pre-participation physicals for 350 campers,
- Treated injured campers and notified parents
- Attended all administrative meetings and aided in fundraising efforts for camp
- Taught first aid/CPR to all camp staff
- Developed and disseminated educational materials for camp staff on injury management, fluid replacement, etc.

May 2002-January 2003

Athletic Trainer/Clinical Supervisor

Edward Ayub Physical Therapy, Point Loma Nazarene University
Chula Vista, CA

- Athletic trainer for 10 high schools in the south bay
- Responsible for assessment and treatment, rehabilitation, and reconditioning of injured athletes
- Supervisor for ten athletic trainers placed in high schools around the district
- Supervisor of 3 physical therapy aids
- Clinical supervisor for Point Loma Nazarene University athletic training students
- Wrote policies and procedures handbook and other forms to be used by the high school athletic trainers
- Created forms that were used by Physical Therapists in the clinic

January 2001-August 2002

Visiting Assistant Professor/Assistant Athletic Trainer

Department of Kinesiology and Athletics, Point Loma Nazarene University
San Diego, CA

- Professor for undergraduate lecture and laboratory athletic training courses
- Clinical instructor at Sweetwater Union High School and Point Loma campus for second and third year athletic training students
- Instructor for adaptive physical education courses
- Assistant athletic trainer which included prevention, assessment, treatment, reconditioning and care of all athletic injuries, practice and game coverage for 12 men's and women's intercollegiate sports teams
- Administration of athletic training students including scheduling, disbursement and bookkeeping of travel money, weekly meetings, and progress reports

June 2001 – May 2003

Exercise Specialist

US Healthworks of California, San Diego, CA

- Assisted physical therapists in daily patient care
- Established and supervised rehabilitative exercises
- Inventory and purchasing coordination
- Extensive knowledge/use of a variety of therapeutic modalities
- Direct communication with supervising physician regarding patient progress

August 2000-Dec 2000

Head Athletic Trainer

Desert Pines High School, Las Vegas, NV

- Administered comprehensive care for all athletes
- Designed and implemented injury prevention, rehabilitation, and strength/conditioning programs
- Purchasing and budgeting
- Facilitated interaction between coaches, athletes, parents, and physicians

August 1999 – May 2000

Head Athletic Trainer

The Meadows School, Las Vegas, NV

- Contract athletic trainer for Health South Sports Rehabilitation Clinic
- Responsible for all high school athletes' injury prevention, rehabilitation, and emergency care
- Provided practice and game coverage for 15 men's and women's teams and worked directly with team physician

August 1998-May 2000

Graduate Assistant

University of Nevada, Las Vegas, Las Vegas, NV

- Instructor for entry level athletic training course
- Instructor for laboratory classes in therapeutic exercise and rehabilitation, therapeutic modalities, and upper and lower extremity assessment
- Teaching assistant for sports medicine and pharmacology class
- Academic advisor for undergraduate university students
- Assisted faculty in original university research
- Assisted faculty supervisor in lecture and examination preparation and student evaluation

Professional Memberships

- Member, National Athletic Trainers' Association
- Member, National Strength and Conditioning Association
- Member, AAPERD
- Member, ACSM

Community Involvement

2012-Present	Volunteer, The Rock Church
2010 – Present	Volunteer, Baja Animal Sanctuary
2009 – Present	Mentor, Big Brothers Big Sisters Organization
2008- Present	Vice President, Sunset Views Home Owners' Association
2001-2005	Volunteer, YWCA

Committees and Responsibilities

2003-Present	Academic Advisor to 70+ students enrolled in the Kinesiology Department/Sports Medicine, San Diego Christian College
2009- Present	Institutional Research Board, San Diego Christian College
2007-Present	Safety Committee, Shadow Mountain Ministries
2012-Present	Retention Committee, San Diego Christian College
2010-2012	General Education Committee, San Diego Christian College
2008-2010	Library Committee, San Diego Christian College
2003-2009	Assessment Committee, San Diego Christian College
2004-2008	Multicultural Committee, San Diego Christian College