

**Curriculum Vitae**  
**Susan Ganz, Ph.D., A.T.C.**  
Professor of Kinesiology  
Athletic Trainer

**Education:**

- Ph.D.** University of New Mexico  
HPER – Exercise Science/C&I – August 2003  
*“The effects of a 6-week dynamic balance training program on “healthy” NAIA Collegiate athletes”*
- M.S.** Austin Peay State University  
Health and Physical Education – August 1989
- B.A.** Azusa Pacific University  
Physical Education – August 1988

**Employment:**

**Point Loma Nazarene University** (San Diego, Ca.)  
Professor/Athletic Trainer – 1997 to present

**Pasadena City College** (Pasadena, Ca)  
Head Athletic Trainer/Instructor – 1991 to 1997

**Victor Valley College** (Victorville, Ca)  
Head Athletic Trainer/Instructor – 1990 to 1991

**Yosemite High School** (Oakhurst, Ca)  
Head Athletic Trainer – 1989 to 1990

**Teaching experience:**

<b>Year</b>	<b>School</b>	<b>Position</b>
1988 – 1989	APSU	GA
1989 – 1990	Reedley College	Adjunct Instructor
1990 – 1991	VVC	Instructor
1991 – 1997	PCC	Instructor
1997 – 2003	PLNU	Assistant Professor
2003 – 2007	PLNU	Associate Professor
2007 – Present	PLNU	Professor
Spring & Summer 2001	UNM	TA

## **Research and Professional Activity:**

### **Dissertation:**

August 2003: "The effects of a 6-week dynamic balance training program on "healthy" NAIA Collegiate athletes"

### **Conference Presentations:**

September 2004: "Commitment" PLNU FCA, San Diego, California  
July 2005: Moderator – "Motor Sports and Athletic Training" NATA National Convention, Indianapolis, Indiana  
April 2006: "Reducing the risk and liability associated with intercollegiate Athletic" NAIA National Athletic Directors Convention, San Diego, California  
June 2006: "Hosting Large Events" NAIA College and Sports Medicine Meeting San Francisco, California  
April 2009: "Cost Containment Strategies while improving Athletic Health Care" NAIA National Athletic Directors Convention. Kansas City, MO  
December 2012: "Kinesio Taping, Science and Method" Rodeo Sports Medicine Conference, Las Vegas, NV

### **Continuing Education:**

1990 – Present: National Athletic Trainers' Association Convention  
1999: Progression for Explosive Power and Strength Seminar  
2000, 2011: Far West Athletic Trainers Convention (4/2000)  
2002: AAPHRED National Convention  
2005: Function & Fitness & Feldenkrais with the Foam Roller (8/13/05)  
Patellofemoral Pain: Evaluation & Treatment Techniques (9/10/05)  
2006: NAIA College & University Sports Medicine Meeting (6/ 2006)  
Gary Gray – Chain Reaction (8/4-6/06)  
2007: Injury Prevention & Treatment Techniques: Baseball Medicine Conference (1/07)  
2009, 2011: Perform Better 3 day Summit

### **Professional Organizations:**

National Athletic Training Association: Since 1989  
California Athletic Training Association: Since 1989  
American Alliance for Health, Physical Education, Recreation and Dance: Since 2001

### **Professional Honors & Awards:**

June 2005: CUATC: NAIA Head Athletic Trainer of the Year  
April 2009: CUATC: NAIA Athletic Trainer of the Year

### **Certifications:**

NATABOC Certified Athletic Trainer: 1989 - present  
CPR & First Aid (ARC): 1983 – present  
AED (ARC): 2000 - present  
Water Safety Instructor (ARC): 1992 - present

## **Committee Involvement**

### **Graduation with Distinction Committees (Honor Projects):**

Rochelle Swank, 1998: "Impact of dark cola beverages on calciurea and trends in beverage of choice in college aged women"

Crystal Sandoval, 1999: "Electromyography activity of the vastus medialis oblique and vastus lateralis with and without McConnell taping during exercise in females symptomatic for patellofemoral syndrome"

Dustyn Severns, 2000: "Assessment and treatment of pathologies and gait extremes in a college pole-vaulter"

Lindys Donnelly, 2006: "Evaluation of selected tasks in balance and neuromuscular control in extremity-dominant collegiate athletes and healthy college students"

Laura Workman, 2007 (Advisor): "Effects of footwear on balance as measured by the Biodex balance system".

Lacey Troth, 2008 (Advisor): "The Effects of a Functional Tri-planar intervention program on lower extremity injuries"

### **Departmental and Faculty Committees**

2009 – 2012 – Nominating Committee

2007 – Present: Fitness Committee

2004 – 2007: APC Committee

2004 – Present: FCA Committee

Help to plan FCA meetings, help to construct huddles, contact for huddle leaders.

2002: Logo Committee

Helped to design and provide feedback for new logo for athletic department

1999 – 2003: Eating Behavior Resource Team

Helped design policy and procedures on how to target and help PLNU students who suffer with disordered eating problems.

### **Athletic Training Committees**

2007 to 2012: NAIA-ATA President

2004 to 2007: NAIA-ATA President Elect

2004 to 2012: College of Sports Medicine Foundation Advisory Board – NAIA Rep.

2010 to 2012: CUATC – NAIA Liaison

### **Community Service:**

2006 to present (summer): ATC for Surf Cup Soccer Tournament

1998 to present: Justin Boots Sports Medicine: ATC for Professional Rodeo - Poway, CA; San Juan Capistrano, CA, CA Circuit finals.

**References:**

Dr. Jeff Sullivan, PhD, ATC  
Director of Athletic Training Education  
Point Loma Nazarene University  
3900 Lomaland Drive  
San Diego, CA. 92106  
(619) 849-2629

Dr. David Chao, MD  
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5471 Kearny Villa Rd., Ste. 200  
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Dr. Tal David, MD  
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