

# Kirstin Filizetti, Ph.D.

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## **EDUCATIONAL BACKGROUND**

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| <b>Doctorate of Philosophy, Clinical Psychology</b><br>Family & Child Track<br>Alliant International University, CSPP, San Diego, CA           | <b>2010</b> |
| <b>Masters of Arts, Psychology</b><br>Alliant International University, CSPP, San Diego, CA  | <b>2007</b> |
| <b>Bachelors of Arts, Psychology</b><br>Therapeutic and Community Psychology<br>History Minor<br>Point Loma Nazarene University, San Diego, CA | <b>2005</b> |

## **CLINICAL EXPERIENCE**

### **Private Practice (July 2012- Present)**

*Kirstin Filizetti, Ph.D., PSY25099, San Diego, CA*

- Supervise registered psychological assistant(s)
- Individuals, couples, and family psychological services for adolescents and adults
- Administer, score, and interpret forensic, psychological, and educational evaluations
- Operate and maintain a private practice: including business regulations, taxes, advertising, and networking.
- Build relationships with local psychologists and other treatment providers in San Diego, CA.

### **Independent Contractor (July 2012-Present)**

#### **Postdoctoral Fellow, Registered Psychological Assistant (June 2010- July 2012)**

*Private Practice, San Diego, C.A. Todd Pizitz, PhD-Clinical & Forensic Psychologist*

- As a contracted employee with Todd Pizitz, PhD and U.S. Federal Probation: (1) conduct individual therapy with federal pretrial and US probation individuals as part of their probation requirements. (2) Director and licensed psychologist of the San Diego office location. (3) Participate in collaborative meetings with staff and US Federal Probation. (4) Complete psychological evaluations for treatment purposes.
- As a postdoctoral student: (1) Facilitated and co-facilitated various groups: Anger Management, Sex Offender treatment, and Cognitive Behavioral Therapy, and an Adolescent Substance Abuse. (2) Administered, scored, and interpreted forensic and clinical psychological evaluations. (3) Participated in monthly probation meetings as part of an interdisciplinary team with US Federal Probation

**Adjunct Faculty, Psychology Department (August 2013-Present)**

Point Loma Nazarene University, San Diego, CA

- Teach Psychology of Personal Development (PSY101), Clinical Assessment (PSY350), and Group Therapy (PSY341)

**VA Marine Resiliency Study-- PTSD Assessment Interviewer (August 2009-Feb 2013)**

*Veteran's Affairs (VA) Marine Resiliency Study, San Diego, CA*

- Work with a team of nurses, doctors, biotech engineers, and therapists to assess for resiliency factors in Marines being deployed to Iraq and Afghanistan
- Interview and assessed Marines for symptoms of Post-Traumatic Stress Disorder (PTSD) at pre-deployment, 1 week post-deployment, 3 months post-deployment, and 6 months post-deployment

**Postdoctoral Fellow, Registered Psychological Assistant (May 2010- July 2012)**

*Private Practice, San Diego, CA. Supervisor: Bridgett Ross, PsyD-Clinical Psychologist*

- Worked in a private practice setting with clients of all ages, ethnicities, and backgrounds.
- Conducted individual, couple, and family therapy sessions
- Completed psychological assessments for various referrals (i.e. ADHD, IQ, personality, etc.)

**Juvenile Diversion Counselor (September 2008-March 2012)**

*El Cajon Police Department/Harmonium, Inc, El Cajon, CA*

- Case manager for 1<sup>st</sup> and 2<sup>nd</sup> time juvenile offenders
- Created preventative treatment plans for juveniles and their families (i.e. refer juveniles for drug testing, counseling, psychological testing, tutoring, and community service) to aide the juvenile in staying out of the legal system
- Presented drug use prevention information at school district meetings & Recreational centers
- Designed curriculum for “parents of adolescents” support groups

**Predoctoral Internship (June 2009-June 2010)**

*Alvarado Parkway Institute, Behavioral Health Services, San Diego, CA*

- Work with a variety of long-term and short-term patients in an inpatient, outpatient, forensic, geriatric, and partial hospitalization setting (18 to 85 years of age)
- Conduct individual therapy sessions with a variety of treatment populations using various therapeutic techniques
- Facilitate and co-facilitate psychoeducational and process groups
- Design curriculum for Veterans coping with trauma and psychosis
- Wrote various psychological assessment reports for various physician referrals (i.e. personality, malingering, IQ, Memory, and diagnostic clarification)
- Complete domestic violence assessments, behavioral plans, and self harm intervention plans for inpatients
- Daily crisis intervention and milieu therapy
- Co-facilitate couples therapy sessions

**Middle School Counselor (2009)**

*Albert Einstein Academy Middle School/Harmonium, Inc, San Diego, CA*

- Individual counseling with middle school aged children of various cultural backgrounds and referral reasons
- Worked with faculty and staff to create a supportive and therapeutic environment for the students

**Predoctoral Internship (2007 - 2008)**

*Harmonium, Inc., San Diego, CA*

- Worked with a variety of long-term and short-term clients in a counseling center setting
- Conducted individual and dyadic therapy sessions with clients of varying diagnoses, ethnicities, sexualities, and ages (8-75 years of age)
- Presented psychoeducational presentations at schools all over San Diego to increase awareness about making healthy choices, eating disorders, and peer pressure
- Facilitated alcohol awareness and anger management groups at a local middle school
- Led a juvenile diversion group for 1st time offender high school students
- Conducted various psychological evaluations: ADHD, forensic, intellectual, and both child and adult personality assessments
- Practiced play therapy techniques with child clients
- Obtained experience in working with a translator
- Worked with parents on appropriate parenting techniques

**Practicum/Internship (2006 - 2007)**

*St Vincent de Paul Village, San Diego, CA*

- Provided individual, dyadic, and group therapy to homeless adults in a residential setting
- Offered psychological treatment to patients with a wide range of diagnoses on Axis I and Axis II (ages 18-55) and ethnic backgrounds
- Worked collaboratively with a multidisciplinary team in creating treatment plans for various clients
- Gained experience with intake assessments, psych evaluations, and integrative assessment reports
- Facilitated and planned activities for weekly psychoeducational groups

**Substitute Teacher (2005 – 2006)**

*Autism Intervention Center, Rady Children's Hospital, San Diego, CA*

- Utilized behavioral techniques for “at risk” Autistic and Asperger’s toddlers
- Participated in treatment planning with other teachers
- Worked with a clinical psychologist in diagnosing toddlers based on integrating test results and behavioral observations
- Assisted in teaching life skills to toddlers in a creative and innovative manner

**Volunteer (2004 – 2005)**

*Rady Children's Hospital, San Diego, CA*

*Social Justice Center and Autism Intervention Center*

- Participated and observed behavioral techniques in the Toddler’s Autism Center
- Interacted with children and families before therapy sessions and court dates

## **TEACHING EXPERIENCE**

### **Adjunct Faculty at Point Loma Nazarene University (2013-Present)**

*Point Loma Nazarene University (PLNU), San Diego, CA*

- Teach various undergraduate psychology courses.
- Current courses taught include:
  - Psychology of Personal Development-PSY101
  - Clinical and Research Assessment-PSY350, and
  - Group Dynamics-PSY341

### **Personality Assessment I—TA & Lab Instructor (2010)**

*Alliant International University-CSPP, San Diego, CA*

- Conducted a lab for 2<sup>nd</sup> year graduate students introducing them to administration, scoring, and interpretation of various objective personality assessments
- Lectured on various topics of personality assessment
- Graded weekly homework assignments

### **Personality Assessment II--TA & Lab Instructor (2008 – 2009)**

*Alliant International University-CSPP, San Diego, CA*

- Conducted a lab for 2<sup>nd</sup> year graduate students introducing them to administration, scoring, and interpretation of a variety of personality assessments
- Graded weekly homework assignments

### **Introduction to Psychotherapy--TA & Lab Instructor (2008)**

*Alliant International University-CSPP, San Diego, CA*

- Conducted a lab for 1<sup>st</sup> year graduate students teaching different theories of psychotherapy
- Observed and provided feedback for therapy techniques
- Graded weekly homework assignments

### **Intelligence Testing and Assessment--TA & Lab Instructor (2006)**

*Alliant International University-CSPP, San Diego, CA*

- Led weekly labs for graduate students teaching administration and interpretation of various intelligence tests
- Reviewed and provided feedback to students on testing reports and papers
- Provided tutoring for students outside of lab hours

## **RESEARCH EXPERIENCE**

### **Research Assistant (2009 - 2010)**

*Alliant International University, CSPP, San Diego, CA*

Development of a Rorschach Child Correction Factor

Project Supervisors: Donald Viglione, PhD & Gregory Meyer, PhD

### **Research Assistant (2007 - 2008)**

*Alliant International University, CSPP, San Diego, CA*

Differentiating psychiatric severity using form accuracy and form quality

Project Supervisors: Donald Viglione, PhD & Gregory Meyer, PhD

**Research Assistant (2005 - 2006)**

*Alliant International University, CSPP, San Diego, CA*

Social skills and story telling for children with autism

Project Supervisors: Alan Lincoln, PhD & Linda Quirmbach, PhD

**Research Assistant (2004-2005)**

*Point Loma Nazarene University, San Diego, CA*

The relationship between positive psychology education and the five factors of personality

Project Supervisor: Kim Schaffer, PhD

**PROFESSIONAL PUBLICATIONS, PRESENTATIONS & POSTERS**

**Filizetti, K.** (2010). A validity study for a new Perceptual Accuracy System with children.

*Proquest Dissertations and Journals.* (Publication 3437611). Retrieved July 2011.

**Filizetti, K., Giromini, L., Davis, J, Viglione, D. J, & Meyer, G. M.** (2010) *The Development and Application of a Child Correction Factor*, Alliant International University, CSPP. Poster

- Presentation at the *Society of Personality Assessment Annual Conference 2010*

**Filizetti, K. & Shuster, B.** (2010). Managing Transference and countertransference in a hospital setting.

- In-service presented at Alvarado Parkway Institute in San Diego, CA.

Ptucha, K., Saltman, C, **Filizetti, K,** Viglione, D, & Meyer, G. (2008). *Differentiating Psychiatric Severity Using Form Accuracy and Form Quality*, Alliant International University, CSPP

- Presented at the *Society of Personality Assessment Annual Conference 2008*

Huff, T., **Young, K,** Kennedy, E., & Schaffer, K. (2005). *The Relationship Between Positive Psychology Education and the Five Factors of Personality*. Point Loma Nazarene University, San Diego, CA

- Presented at the *Rocky Mountain Psychological Association Conference 2005*

**AWARDS AND DISTINCTIONS**

Society of Personality Assessment Dissertation Scholarship, 2010

MHSA California Scholarship Recipient, 2009

Alliant International University-CSPP academic scholarship, 2005-2009

Regional Psi Chi research award, RMPA conference, 2005

Psi Chi, Vice President, 2004-2005

Point Loma Nazarene University, Psychology Scholarship, 2003 & 2004

Certified Peer Educator, 2003

Educational Mentorship Program, 2002-2003

**PROFESSIONAL ACTIVITIES, WORKSHOPS, & TRAININGS**

DBT Training, 2014  
Gottman Level 1 Training, Hawaii, 2014  
Society of Personality Annual Conference, San Jose, CA 2010  
Society of Personality Annual Conference, New Orleans, CA 2008  
Play Therapy and Aggressive Children, San Diego, 2008  
Sand Tray Therapy, San Diego, 2007  
Imago Therapy Training, San Diego, 2007  
CPS reporting, San Diego, CA, 2006  
Culture of Poverty, San Diego, CA, 2006  
Attachment Theory, San Diego, CA, 2006  
Group Therapy Training, San Diego, CA, 2006  
Motivational Interviewing, San Diego, CA, 2006  
SDPA Annual Conference, San Diego, CA, 2006  
Rocky Mountain Psychological Association Conference, Phoenix, AZ, 2005  
Western Psychological Association Conference, Phoenix, AZ, 2004

**PROFESSIONAL ASSOCIATIONS**

American Psychological Association, Member, 2005-Present  
San Diego Psychological Association, Member, 2005-Present  
Society of Personality Assessment, Member, 2007-2009