

Pamela R. Young, MA, ATC
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Educational Background

Master of Arts The University of North Carolina at Chapel Hill, Chapel Hill, NC
Department of Exercise and Sport Science
Major: Athletic Training
Conferred: May 2014
Thesis: Relationship Between Muscle Stiffness of the Superficial
Shoulder Musculature and Subacromial Space Distance

Bachelor of Arts Point Loma Nazarene University, San Diego, CA
Department of Kinesiology
Major: Athletic Training
Conferred: May 2012

Teaching Experience

Clinical Preceptor Point Loma Nazarene University, Kinesiology Department
Fall 2014 – Present
Responsibilities include: Supervising undergraduate athletic training
students in their clinical rotations, teaching and instructing students
in evidence based practices of athletic training, providing assessment
and feedback of students' clinical skills, facilitating student growth
and development within the practice of athletic training.

The University of North Carolina at Chapel Hill, EXSS Department
Fall 2012 – Spring 2012
Responsibilities included: Supervision of 10 undergraduate athletic
training students in their clinical learning. Teaching and instructing
students in the clinical evaluation, management, prevention,
treatment, and rehabilitation of injuries. Evaluate students on clinical
learning and performance of major athletic training domains.

Teaching Assistant The University of North Carolina at Chapel Hill, EXSS Department
Fall 2012 – Spring 2012
Responsibilities included: Creating and presenting classroom
lectures, laboratory instruction, teaching sport performance
activities, administering exams, grading and evaluating overall
student performance.
Point Loma Nazarene University, Kinesiology Department
Spring 2011

Responsibilities included: Presenting course lectures, assisting with the instruction of basic evaluation and taping skills, scheduling and instructing review sessions, administering and grading practical examinations.

Courses Instructed

The University of North Carolina at Chapel Hill

Undergraduate Courses

LFIT 105	Lifetime Fitness Indoor Sports (Fall 2012, 2013; Spring 2013, 2014)
LFIT 108	Lifetime Fitness Outdoor Sports (Fall 2012, 2013; Spring 2013, 2014)
EXSS 267	Introduction to Athletic Training Laboratory (Spring 2013)
EXSS 368	Therapeutic Exercise and Rehabilitation (Fall 2013)

Point Loma Nazarene University

Undergraduate Courses

ATR 388	Assessment of the Head, Spine, and Upper Extremity (Fall 2016)
ATR 390	Clinical Practicum (Fall 2015)
KIN 280L	Introduction to Athletic Training Laboratory (Spring 2011)

Professional Experience

Assistant Athletic Trainer	Point Loma Nazarene University August 2014 – Present
Adjunct Professor	Point Loma Nazarene University August 2016 – Present
Graduate Assistant Athletic Trainer	The University of North Carolina at Chapel Hill July 2012 – June 2014 Men's Soccer, Men's and Women's Track and Field
Student Athletic Trainer	Point Loma Nazarene University August 2009 – May 2012 Baseball

Professional Certifications/Affiliations

1. NATA Board of Certification, Certified Athletic Trainer (#2000009807)
2. National Athletic Trainer's Association Member (#52650)
3. American Heart Association BLS CPR/AED for the Professional Rescuer (February 2014)
4. Certified in Graston Technique (December 2012)

References

Nicole Cosby, PhD, ATC
ATEP Director, Assistant Professor of Kinesiology
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Athletic Trainer, Men's and Women's Basketball
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