

GINA SMITH



EDUCATION & TRAINING

Doctorate of Behavioral Health, Arizona State University (In Progress)

M.A., Marital and Family Therapy, Bethel University, 2008

B.A., Business Administration, Point Loma Nazarene University, 1993

Specialized Field Training:

Addiction, Trauma, and Co-occurring Disorders

CAADAC Level I Certification

EMDR Level II (Eye Movement and Desensitization Reprocessing)

Dream Interpretation and Analysis

Gestalt Play Therapy with Children (California Association for Play Therapy)

EXPERIENCE IN FIELD

Consultant

March 2014 to Present

Magellan Health Services, San Diego

Licensed Marriage and Family Therapist (MFC 52269)

2008-Present

The Center for Enriching Relationships and Lighthouse Psychological Services, San Diego

Adjunct Faculty Member, Department of Psychology

2008-2011

Point Loma Nazarene University, San Diego

Counselor/Medical Social Worker

2009-2013

Chemical Dependency Recovery Program

The Sharp McDonald Center at Sharp Healthcare

Counselor

2008-2009

CRC Health Home Avenue Clinic, San Diego

Counselor

2007-2008

San Diego Hospice & Palliative Care, Center for Grief Care and Education

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PRESENTATIONS

Bachman, I., Newsom, V., & Smith, G. (2017, September). *Motivational Interviewing: Refresher training course*. Live webinar presentation for Magellan Healthcare Services.

Smith, G. (2014-2017). *Health & Wellness Seminar Topics: Addiction in the Workplace, Balancing Work and Personal Life, Burnout and Stress Management, Dealing with Challenging Interactions, Downsizing and Job Loss, Effective Communication, Civility in the Workplace, Mental Health in the Workplace, Suicide Awareness, Time Management, Transitions in the Workplace*. Guest presentation for the Department of Navy Civilian Employee Assistance Program, San Diego, CA.

Smith, G. (2011, Oct). *Addiction and the family: Interventions, tools and resources for Family Members*. Guest lecture presentation for the Sharp McDonald Center Chemical Dependency Speaker Series, San Diego, CA.

Smith, G. (2009-2011). *Life skills in recovery: Creating and implementing an action plan*. Guest lecture presentation at Sharp Mesa Vista Hospital, San Diego, CA.

Smith, G. (2009-2011). *A cognitive behavioral approach to treating chemical dependency*. Guest lecture presentation at Sharp Mesa Vista Hospital, San Diego, CA.

Smith, G. (2008, Dec). *Addiction counseling from a family systems perspective*. Case study presentation, CRC Health Care, San Diego, CA.

Smith, G. (2007-2010). *Preparing for graduate studies and a career in counseling psychology*. Guest lecture presentation at Point Loma Nazarene University, San Diego, CA.

Smith, G. (2007, June). *Survivors of suicide: Assessment and intervention*. Family Case Presentation, San Diego Hospice & Palliative Care, San Diego, CA.

Clark, K., Irwin-Chase, H., Robertson, G., & Wostrel, K. (2007, April). *Effects of study abroad on the identity formation process*. Poster session presented at the 77th annual convention of the Rocky Mountain Psychological Association, Denver, CO.

PROFESSIONAL ACHIEVEMENTS

2015-2017 Service Excellence Recognition Program (SERP) Award, Magellan Healthcare
Achieved the SERP Award for 12-consecutive quarters which recognizes excellent performance in behavioral health consulting; including, delivery of service hours, client satisfaction surveys and chart audit reviews.

2013 Center of Recognized Excellence (CORE) Award Winner, Sharp Healthcare
Created, designed and implemented the Social Services Department's intranet site which included an overview of the department's core functions, a complete list of staff members, staff photos, contact information and biographies, and a list of department activities and achievements. This project was implemented to increase employee awareness of the department and enhance the team environment.

2011 Center of Recognized Excellence (CORE) Award Winner, Sharp Healthcare

Co-created and implemented the “Rock Out Ceremony” on the Chemical Dependency Unit. This program was developed to enhance the patient experience when discharging from the hospital. Patients are presented with a “SHARP U ROCK” polished stone as a memento for their early steps in recovery. Patients are provided with an opportunity to share their experience of hope and encouragement in recovery.