

Matthew James Jarvinen, Ph.D.

LICENSURE

Licensed Clinical Psychologist(#PSY29459) Current License Issued: 9 /5/17
 California Board of Psychology Current License Expires: 9/5/19

CURRENT EMPLOYMENT

Clinical Director & Director of Research

BOLD Health, Encinitas, CA

Clinical Psychologist

Center for Enriching Relationships, San Diego, CA
 Robert J. Neborsky, M.D., Inc., Del Mar, CA

Adjunct Professor

Point Loma Nazarene University, Masters of Arts in Clinical Counseling Program, San Diego, CA

EDUCATION

Ph.D., Clinical Psychology 2011-2016
 Fuller Graduate School of Psychology
 Fuller Theological Seminary, Pasadena, CA
 Summa Cum Laude

M.A., Religion 2008-2011
 Point Loma Nazarene University, San Diego, CA
 Summa Cum Laude

M.A., Psychology 2007-2009
 San Diego State University, San Diego, CA
 Summa Cum Laude

B.A., Psychology 2003-2007
B.A., Philosophy/Theology
 Point Loma Nazarene University, San Diego, CA
 Summa Cum Laude

TEACHING EXPERIENCE

Adjunct Professor - M.A. in Clinical Counseling Program August 2016 -
 Current

Point Loma Nazarene University, San Diego, CA **O Courses Taught:**
PSY601: Issues in Psychotherapy - Theology Integration
Supervisor: Daniel L. Jenkins, Ph.D.

Adjunct Professor - Undergraduate Psychology Department April 2016 - Current
 Point Loma Nazarene University, San Diego, CA **O Courses Taught:**
PSY410: Issues in the Integration of Psychotherapy and Theology **Supervisor:**
 Ross Oakes Mueller, Ph.D.

Adjunct Professor - Undergraduate Psychology Department August 2012 - May 2013
 Azuza Pacific University, Azuza, CA **O Courses Taught:**
General Psychology
Psychology of Child & Adolescent Development
Psychology of Adult Development **Supervisor:**
 Annie Tsai, Ph.D.

Teaching Associate - Graduate Psychology Department September 2008
 - September 2009
 San Diego State University, San Diego, CA
O Support and supplement the professor of a graduate-level advanced statistics course (PSY670: Advanced Statistics), attend all classes, run weekly lab meetings, grade weekly lab reports, proctor exams, organize and facilitate study sessions which prepare students for exams, lecture when the professor is absent, and hold office hours for individual instruction and tutoring. **Supervisor:** Sandra Marshall, Ph.D.

Teaching Associate - Undergraduate Psychology Department September 2007
 - September 2008
 San Diego State University, San Diego, CA
O Lead and teach a research lab (PSY 310: Introduction to Research Methods) of undergraduate psychology students to conduct research, input and analyze data, and write an APA-style research paper. **Supervisor:** Sandra Mollenauer, Ph.D.

SUPERVISED DOCTORAL/POSTDOCTORAL CLINICAL EXPERIENCE

Psychological Assistant (#PSB94022444) April 2016 - Current
 Robert J. Neborsky M.D., Inc.; California Society for Intensive Short-Term Dynamic Psychotherapy **O** Provide therapy services to older teens, adults, and couples from a short-term dynamic psychotherapy orientation with particular emphasis on attachment-based Intensive Short-Term Dynamic Psychotherapy (ISTDP).
 Attend one hour of mandatory weekly face-to-face supervision, as well as further contact as needed via email, phone, and in-person meetings (supervision for at least 10% of the total time worked each week), which will include:

- video review of therapy sessions
- case conceptualization and treatment planning
- didactic teaching about clinical theory and technique
- role plays to enhance skills

- - discussions of clinical books/articles (including Dr. Neborsky's own publications and those listed on the website of the California Society for ISTDP: www.istdp.com/publications)
 - mentoring and consultative guidance about academic research and publication, clinical training, and professional development, including how to set-up, maintain, and manage a private practice..
- Participate in eight-week annual residency training program at UCSD, which will include video review and didactic training about ISTDP theory and technique, as well as other training and consultation experiences offered by Dr. Neborsky to other professionals in the field, such as introductory groups for professionals, senior clinician training groups, core trainings in attachment-based ISTDP (6 candidates every three years: <http://www.istdp.com/training>) and various symposia.
- Collaborate on clinical research and academic writing, including video case review and process analysis, and contribute to the research literature when opportunities are present.
- Build upon existing knowledge through reading materials selected by the supervisor and through discussions relating specific cases to the concepts presented. **Supervisor:** Robert J. Neborsky, M.D.

Psychological Assistant (#PSB94022597)

June 2016 - Current

Lighthouse Psychological Services, Inc.

- Provide psychological services, including individual therapy with people of all ages, couples and marital therapy, family therapy, group therapy, life coaching, pre-marital counseling, psychological testing and assessment, and ADHD evaluation and intervention.
- Attend one hour of mandatory weekly face-to-face supervision, as well as further contact as needed via email, phone, and in-person meetings (supervision for at least 10% of the total time worked each week), which will include:
 - case conceptualization and treatment planning
 - didactic teaching about clinical theory and technique
 - role plays to enhance skills
 - discussions of clinical books/articles
 - supervision of supervision
 - mentoring and consultative guidance about clinical training and education, the business of private practice, and the supervision of psychological assistants and other trainees.
- Attend periodic trainings and professional conferences as they relate to specific cases and areas of specific interest.
- Engage with local psychological organizations, such as the San Diego Psychoanalytic Center and the San Diego Psychological Association, as well as other professional organizations, such as the Society for the Exploration of Psychoanalytic Therapies & Theology and the Society for the Study of Psychology & Wesleyan Theology. ○ Provide vertical supervision of an intern-level psychological assistant.
- Provide pastoral consultation groups, which offer San Diego area pastors free consultation for difficult counseling cases and support for the unique challenges associated with pastoral ministry.

o

Participate in bringing psychological awareness to the community, including speaking at local organizations (e.g., businesses, churches, etc.) and contributing to the psychological literature (through publications and blogs) when opportunities are present.

Supervisor: Barbara C. Burt, Psy.D.

Clinical Psychology Intern

August 2015 - August

2016

Kaiser Permanente San Diego, Point Loma Clinic

- o Work with patients with a wide variety and range of clinical psychological problems who are seen in various modalities including individual, couples, child and family, and group psychotherapy, and emergency services.
- o Engage in brief as well as somewhat longer, more intensive individual psychotherapy, with emphasis on developing skills in short-term psychotherapy. The department provides a variety of therapeutic modalities available to patients, including group therapy, child and family therapy, marital therapy, and emergency services. Theoretical orientations represented range from psychodynamic to cognitive-behavioral and strategic/solution-focused.
- o Conduct psychodiagnostic evaluations, including adult and child personality evaluation and neuropsychological assessment such as ADHD and cognitive testing.
- o Receive supervision and mentorship from multiple sources, including primary (adult), secondary (child), assessment, and group supervision.
- o Complete minor rotations at: 1) the chemical dependency recovery program (CDRP); 2) the emergency room at Kaiser San Diego's main medical center; and 3) the San Diego Family Justice Center (a community based center providing wraparound services for victims of domestic violence), in order to strengthen basic clinical skills and knowledge in assessment and treatment planning/case disposition, with respect to chemical dependency issues and acute care services.
- o Attend seminars designed to enhance learning in psychodiagnostic evaluation and therapeutic intervention, case conceptualization, crisis management, and a range of specific content areas (e.g., psychopharmacology). This yearlong seminar series relates theory and research to clinical experience (e.g., a bi-weekly seminar is devoted to professional issues and ethics), and also provides a vehicle for case presentation. Interns also attend regular department inservice education seminars featuring guest speakers.
- o Collaborate among staff through weekly team meetings, regular peer review meetings, monthly psychology staff meetings and department meetings.

Supervisors: Ellen Quick, Ph.D., Robert Zapinsky, Ph.D., & Joel Oxman, Ph.D.

Preinternship Practicum Trainee

September 2014 - September 2015

Della Martin Center at Huntington Memorial Hospital

- o Provide brief and long-term psychotherapy to participants in the Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP), and Chemical Dependency Outpatient Program (CDOP). Treatment modalities include social learning model, objects relations, intersubjective psychodynamic psychotherapy, cognitive behavioral therapy, 12-step based treatment, and medication management.
- o Co-facilitate and run multiple types of psychotherapeutic groups after completing a training experience that specifically develops a variety of skills (especially process skills) in group psychotherapy.

-
- Collaborate with a multidisciplinary treatment team that includes psychiatry, social services, nursing, and activity therapy, as Huntington Memorial Hospital is a teaching hospital with institutional ties to Keck Medical School at USC and is an official site for rotations of medical students and medical interns.
- Work with a broad range of disorders and populations, including major depression, PTSD, schizophrenia, schizoaffective disorder, bipolar disorder, personality disorders, and acute stress reactions, along with comorbid chemical dependency and health conditions.
- Engage in the treatment process while patients are in the midst of mental health crises after being admitted through Huntington Hospital's Emergency Room and Trauma Center, including therapeutic work with patients as they reach a point of stabilization.
- Participate in other psychiatric programs including Psychiatric Acute Treatment Program, Psychiatric Inpatient Program, Geriatric Psychiatric Medical Program, Outpatient Psychiatric Services, and Electroconvulsive Therapy (ECT).
- Attend weekly supervision and didactic training, including 1-2 hours of individual supervision and 1-2 hours of group supervision with the licensed clinical psychologist and a hospital-based psychiatrist. **Supervisor:** Barney Rosen, Ph.D., CGP

Clinical Trainee

June 2013 - July

2015

Fuller Psychological & Family Services, Fuller Graduate School of Psychology

- Provide brief, open-ended, and long-term psychotherapy to individuals, couples, and families utilizing a variety of therapeutic modalities, such as psychoanalytic psychotherapy, CBT, DBT, EFT, and family-systems approaches.
- Rotate duties as the on-call clinician, involving carrying the clinic's emergency cell phone and responding to client crises.
- Write psychological intake, transfer, and termination reports, including relevant diagnostic impressions and treatment plans.
- Attend weekly individual supervision, and monthly integration grand rounds, where special attention is given to cases based on their cultural, sociological, and spiritual/religious particularities.
- Attend monthly in-service trainings covering specialized topics such as drama therapy, sex therapy, crisis intervention, mandated reporting, group therapy, and couples therapy.

Supervisors: Alita Lombardo, Ph.D. & Ryan Howes, Ph.D., ABPP**Psychology Practicum Student – Clinical Neuropsychology**

August 2013 - August 2014 UCLA

Semel Institute for Neuroscience & Human Behavior, Alzheimer's Disease Research Center (ADRC) ○ Provide comprehensive neuropsychological testing for adults with a wide-variety of cognitive disorders in

UCLA Medical Center's department of neurology. ○ Write neuropsychology reports, including presenting concerns, relevant medical and psychiatric history, behavioral observations, test results, recommendations, and diagnostic impressions.

- Attend weekly individual and group supervision, involving a fact-finding approach to learning about neuropsychological disorders.
- Attend weekly didactic seminars on pediatric neuropsychology and other topics related to neuropsychology.

Supervisor: Kathleen Tingus, Ph.D.**Practicum II Clinician**

September 2012 - June

2013

O

Fuller Graduate School of Psychology, Fuller Psychological & Family Services

- O Provide brief, open-ended, and long-term individual psychotherapy, utilizing a variety of therapeutic modalities, but most often with psychodynamic, humanistic, or emotion-focused emphases.
- O Participate in weekly individual supervision, supervised consultation groups, and supervision groups involving video review of my clinical material.
- O Write psychological intake, transfer, and termination reports, including relevant diagnostic impressions and treatment plans.
- O Conduct weekly telephone intakes.
- Attend monthly in-service trainings covering specialized topics such as drama therapy, sex therapy, crisis intervention, mandated reporting, group therapy, and couples therapy.
- O Attend and present at monthly integration grand rounds, where special attention is given to cases based on their cultural, sociological, and spiritual/religious particularities.

Supervisors: Melissa Hofstetter, Ph.D., M.Div. & Ryan Howes, Ph.D., ABPP**Practicum I Clinician**

September 2012 - June

2013

Fuller Graduate School of Psychology, Fuller Psychological & Family Services

- O Provide short-term individual psychotherapy, utilizing client-centered, humanistic modalities.
 - O Participate in weekly group supervision, including case conceptualization, case presentations, and didactic training regarding topics such as intake procedures, therapeutic techniques, suicide prevention, termination, and report writing.

Supervisors: Mackenzie Abraham, Ph.D. & Stephen Simpson, Ph.D.**Clinical Foundations Student (Live Team)**

September 2011 - June

2012

Fuller Graduate School of Psychology

- O Receive clinical training focusing on utilizing client-centered skills in psychotherapy.
- O Participate in group supervision and peer consultation two hours per week in a mock clinical setting focusing on case analysis and formulation, developing treatment plans, and tracking progress, including video review of therapy sessions.
- O Perform six hours of therapy with a mock client, and write SOAP and intake/termination notes. **Supervisors:** Adrienne Maddix Meier, M.A. & Joseph Currier, Ph.D.

RELATED OCCUPATIONAL AND VOLUNTEER EXPERIENCE**Manuscript Reviewer**

July 2015 -

Current

The Journal of Positive Psychology (JPP)

- O Serve as independent, anonymous expert referee of submitted manuscripts following appraisal and dissemination by the Editor. Peer review for JPP is single blind and submission is online via ScholarOne Manuscripts.
- O JPP provides an interdisciplinary and international forum for the science and application of positive psychology. JPP is devoted to basic research and

- professional application on states of optimal human functioning and fulfillment, and the facilitation and promotion of well-being.
- For more information about the Journal of Positive Psychology, see: <http://www.tandfonline.com/rpos> **Supervisors:** Justin Barrett, Ph.D.

Doctoral Student Researcher

July 2012 - June

2015

The Science of Intellectual Humility Project, THRIVE Center for Human Development, Fuller Graduate School of Psychology

- John Templeton Foundation (JTF) funded project for 5.3 million dollars.
- Assume leadership responsibilities of the research lab (e.g., scheduling and facilitating lab meetings, directing research progression, completing quarterly progress reports for submission to JTF, etc.).
- Support and conduct research on the development of intellectual humility/arrogance, and other under-explored areas in psychology.
- Foster critical engagement between cognitive and evolutionary sciences. ○ Digest the results of work in the field in order to advance its philosophical and theological significance.

o

Assess the relevance of the results to determine the impediments to intellectual humility, and to identify concrete strategies for overcoming these native tendencies.

- o For more information about the project, see:
http://www.thethrivecenter.org/Thrive/Research/The_Science_of_Intellectual_Humility/

Supervisors: Justin Barrett, Ph.D., Peter Samuelson, Ph.D., & Ian Church, Ph.D.

Program Support Interventionist

September 2009 - March

2011

Comprehensive Autism Services and Education, Inc. (C.A.S.E.)

- o Organize and implement programs by working directly with clients to support progress in areas of compliance, communication, self-regulation, self-help, community safety, and play.
- o Supervise direct intervention sessions and provide feedback to staff behavior interventionists.
- o Conduct parent training in the implementation of ABA strategies and other autism methodologies. o Analyze and report on quantitative and qualitative data to make contract recommendations to the San Diego Regional Center.

Supervisors: Cynthia Labrie Norall, Ph.D., & Lauren Reynolds, M.A.

Clinical Interventionist September 2008 - June 2009 University of California, San Diego, Project Options

- o Lead groups and individual sessions at local high schools providing normative feedback and using *Motivational Interviewing* techniques to encourage a reduction in drug and alcohol use, and attend weekly supervision with a clinical supervisor.

Supervisors: Neal Doran, Ph.D., & Courtney Valentine, M.A.

Research Assistant

Child and Adolescent Services Research Center (CASRC) August 2007 - June 2009 o Data input, telephone assessments, data analysis, and research, leading towards a thesis which examined evidence for a mediation model where the link between child maltreatment (specifically child abuse) and behavior problems is mediated by tendencies to attribute hostile intentions to others. **Supervisor:** Joseph M. Price, Ph.D.

SPECIALIZED PROFESSIONAL TRAINING

Reaching through Resistance to Emotional Closeness: Treatment of Refractory and Complex

Patients; A Day with a Master, Allan Abbass, M.D. sponsored by the West Coast ISTDP

Consortium; 2016 Distinguished Psychiatrist Seminar at UCLA September 15-17, 2016

- o Taught by Allan Abbass, M.D., Professor of Psychiatry and Psychology and founding Director of the Centre for Emotions and Health at Dalhousie University in Canada. o Three separate lectures and one full-day of presentations on research, theory, technique, and extensive video analysis of Intensive Short-Term Dynamic Psychotherapy (ISTDP).
- o Held at the New Center for Psychoanalysis in Los Angeles, CA and at the UCLA Faculty Center.

o

“Salt & Peppering” Treatment Records with the Language of the Law

December 8, 2015 ○

Taught by David G. Jensen, J.D., Staff Attorney with California Association of Marriage & Family Therapists (CAMFT).

Full-day comprehensive training on law and ethics workshop

Special attention given to documentation and record keeping in the process of clinical assessment and treatment.

Attachment-Based Intensive Short-Term Dynamic Psychotherapy Seminar

February

2016 ○ Taught by Robert Neborsky, M.D., President of The Southern California Society for ISTDP and Clinical

Professor of Psychiatry, UCSD School of Medicine and UCLA School of Medicine (Honorary) ○

Full-day training involving video process analysis of treatment and therapeutic change events. ○ Special attention given to attachment-based ISTDP conceptualization, assessment of defenses and pathways of anxiety discharge, and tailoring of treatment interventions to particular client variables to increase effectiveness and enhance clinical outcomes.

Attachment-Based Intensive Short-Term Dynamic Psychotherapy Seminar Series

January

2016 ○

Taught by Robert Neborsky, M.D., President of The Southern California Society for ISTDP and Clinical

Professor of Psychiatry, UCSD School of Medicine and UCLA School of Medicine (Honorary) ○

Three 3-hour lectures to fourth-year UCSD psychiatry residents involving lectures and video process analysis of treatment and therapeutic change events.

- Special attention given to foundations of attachment-based ISTDP theory and technique, including its theoretical and empirical foundations.

Family-Focused Therapy for Persons with Bipolar Disorder

December 8, 2015

- Taught by David J. Miklowitz, Ph.D., Professor of Psychiatry at UCLA Semel Institute. ○ Full-day comprehensive training on bipolar disorder and treatment. ○ Special attention given to differential diagnosis and clinical efficacy of Family-Focused Therapy.

DSM-5 with Robert Bogenberger, Ph.D.

November 3, 2015

○ Full-day

comprehensive training on diagnostic changes in the DSM-5.

- Included information on historical, political, social, and economic influences on the development of DSM-5.
- Special attention given to differential assessment.

Personal Psychoanalysis

2012-2015

- Engaged in 4 x per week analysis for personal growth, experiential understanding of psychoanalytic process, and enhancement of a contemporary psychoanalytic clinical sensibility.

Therapist Experiential Development Group

January 2015 - July

2015

○

-
- Facilitated a private, weekly peer consultation group focusing on the development of therapeutic skills from various experiential therapies (e.g., Gestalt, AEDP, EFT, STDP, etc.).
- Each meeting involved discussion about a reading focused on a particular theorist and their technique (e.g., Diana Fosha, Leslie Greenberg, Leigh McCullough, Jeremy Safran, etc.), video review of a demonstration of the therapy (from APA video series), and role playing to practice interventions.
- Although the group had no regular formal clinical supervision, some of the videos and readings were provided by Jeremy Safran, and the group culminated in a skype session with him.

Clinical Seminar: Psychoanalytic Psychotherapy

January 2013 - July

2015

Rev. Brad D. Strawn, Ph.D., Licensed Clinical Psychologist and Psychoanalyst

Attended a private, weekly advanced clinical seminar on psychoanalytic psychotherapy, with particular attention to contemporary psychoanalytic, relational, and intersubjective approaches.

Clinical Seminar: Philosophical and Critical

Theory September 2011

- July 2015

Alvin Dueck, Ph.D., Licensed Clinical Psychologist

- Attended a private, weekly advanced seminar on philosophers and critical theorists, focusing on how those theories inform the field of psychology and the therapeutic encounter.

Applied Behavior Analysis

June 2011 - August

2011

Training with Cynthia LaBrie Norall, Ph.D., BCBA

- 40 hours on the following dates: June 7, 14, 16, 21, 23; July 12, 13, 19, 26, 28; August 2, 9, 16, 17.

RESEARCH PUBLICATIONS, PAPERS, AND PRESENTATIONS

Jarvinen, M. J. (2017). *BOLD Health: Treating addiction at its core*. Manuscript in Preparation. Point Loma Nazarene University, San Diego, CA.

- Invited speaker for the 2017 PLNU Psych Associates Homecoming Breakfast on November 10th, 2017.

Jarvinen, M. J. (2017). Attachment and cognitive openness: Emotional underpinnings of intellectual humility. *Journal of Positive Psychology*, 12 (1), 74-86.

- Final oral presentation of doctoral dissertation successfully defended on June 13, 2014.
- Presented at "The Science of Intellectual Humility Mid-Project Conference" at Saint Louis University in St. Louis, MO on May 13-15, 2014.

Jarvinen, M. J. (2016). The relational cost of moralism: Implications for congregational practice. *Journal of*

○

Psychology ○ Awarded and *Christianity* 2nd Place in, 35 2015 (3) , CAPS254-262. Student Paper Competition (see description below).

- Paper and poster presented at the Christian Association for Psychological Studies international conference in Pasadena, CA on March 10-12 , 2016.

Jarvinen, M. J. (2016). Self-regulation, neuroscience, and religious participation: How practice leads to moral formation. ○ Awarded *Journal* 1st Place of *Psychology* in 2014 and CAPS *Christianity* Student, 35 Paper (1) , Competition 3-8. (see description below).

- Awarded Fuller Theological Seminary's 2014 Travis Award (see description below).
- Paper presented at the Association for Moral Education Conference in Pasadena, CA on November 7, 2014. ○ Poster presented at the Christian Association for Psychological Studies international conference in Denver, CO on April 9-11, 2015.

Jarvinen, M. J. (2016). *Freud meets Kaiser: How psychodynamic psychotherapy can 'thrive' within an HMO setting*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- Invited lecture to staff in the Department of Psychiatry and Addiction Medicine at Kaiser Permanente's Point Loma Clinic in San Diego, CA on June 21, 2016.

Jarvinen, M. J. (2016). *Is it better to give or to receive?: Personal reflections on the experience of psychodynamic psychotherapy*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA. Invited lecture at Providence Christian College on April 21, 2016.

Jarvinen, M. J. (2016). *Emotion and psychopathology*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA. o Invited lecture at Point Loma Nazarene University in San Diego, CA on January 25, 2016.

Samuelson, P. L., Church, I. M., **Jarvinen, M. J.**, Paulus, T. B., Hardy, S. A., & Barrett, J. B. (2015). Implicit theories of intellectual virtues and vices: A focus on intellectual humility. *The Journal of Positive Psychology*, 10 (5), 389-406.

- o Presented at Fuller Graduate School of Psychology's 2014 Integration Symposium in Pasadena, CA on February 20-21, 2014.
- o Presented at "The Science of Intellectual Humility Mid-Project Conference" at Saint Louis University in St. Louis, MO on May 13-15, 2014.

Barrett, J. L., & **Jarvinen, M. J.** (2015). Cognitive evolution, human uniqueness, and imago dei. In M.A. Jeeves (Ed.), *The Emergence of Personhood: A Quantum Leap?* (pp. 163-183). Grand Rapids, MI: Eerdmans Press. o Book chapter in edited volume arising out of a symposium called "The Emergence of Personhood: A Quantum Leap?" sponsored by the John Templeton Foundation. For more information about the symposium and contributors, see <http://humbleapproach.templeton.org/emergence/index.html>.

Jarvinen, M. J. (2015). *The practical theology of Jean-Luc Marion: Personal reflections on implications for the therapeutic encounter*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- o Presented at the "Psychology and the Other" conference in Cambridge, MA on October 9-11, 2015.

Jarvinen, M. J. (2015). *Professional and graduate school options for undergraduate psychology majors*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- o Invited lecture at Point Loma Nazarene University in San Diego, CA on October 7, 2015.

Middleton, E. J., & **Jarvinen, M. J.** (2015). *The therapeutic action of grief and mourning: A psychoanalytic understanding of grieving the loss of God*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA. o Paper presented at the Christian Association for Psychological Studies international conference in Denver, CO on April 9-11, 2015.

Samuelson, P. L., **Jarvinen, M. J.**, Paulus, T. B., Reid, A., Church, I. M., & Barrett, J. B. (2015). *Must we trust to be humble?: Character assessment and epistemic trust in children*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- o Presented at "The Science of Intellectual Humility Capstone Conference" in Avalon, CA on May 11-14, 2015.

Jarvinen, M. J., Paulus, T. B., Samuelson, P. L., Reid, A., Church, I. M., & Barrett, J. B. (2015). *Attachment and opinion revision: What's the relationship between emotion and cognitive openness?* Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- o Presented at "The Science of Intellectual Humility Capstone Conference" in Avalon, CA on May 11-14, 2015.

Jarvinen, M. J. (2015). *Purification of the Heart: Christian Character Formation within a Wesleyan Anthropology*.

Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

Awarded Fuller Theological Seminary's 2015 Travis Award (see description

below). Samuelson, P. L., **Jarvinen, M. J.**, & Paulus, T. B. (2014). *Are some moral foundations social conventions?* Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- Presented at the Association for Moral Education Conference in Pasadena, CA on November 8, 2014.

Barrett, J. L., Kiş, A., Ilieş, A., Lisman, R., **Jarvinen, M. J.**, & Keys, C. (2013). Main drivers of human action. In R. Surdu (Ed.), *Human aspects of the operational environment* (pp. 19-22). Oradea, Romania (HCOE): NATO HUMINT Centre of Excellence. Available from

http://www.academia.edu/7626107/HUMINT_SMART_POWER_AND_CROSS_CULTURAL_COMMUNICATION._HUMAN_ASPECTS_OF_THE_OPERATIONAL_ENVIRONMENT

- Chapter of edited document presented at “Human Aspects of the Operational Environment” Conference in Bucharest, Romania on December 6-8, 2012.
- For more information, see <http://www.nhcoe.org/en/products/projects/>.

Jarvinen, M. J., & Paulus, T. P. (2013). *Intellectual humility and the role of emotion*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

- Presented at the Educating for Intellectual Virtues Conference at Loyola Marymount University in Los Angeles, CA on June 21-22, 2013.

Samuelson, P. L., Church, I. M., **Jarvinen, M. J.**, & Paulus, T. P. (2012). *The science of intellectual humility white paper*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA. ○ 100+ page document integrating psychological and philosophical research involving potential aspects of intellectual humility and discussing possible avenues of research for further grant-funded research projects.

- Presented at The Science of Intellectual Humility Virtual Conference in November, 2012.
- Available at <http://trebuchet.fuller.edu/wp-content/uploads/2013/09/IH-White-Paper.pdf>

Jarvinen, M. J. (2012). *Self-regulation and the liturgical practice of Lent: How fasting leads to virtue*. Manuscript in preparation. Fuller Graduate School of Psychology, Pasadena, CA.

Jarvinen, M. J. (2011). *The failures of Evangelicalism and a Wesleyan response*. Unpublished master's thesis. Point Loma Nazarene University, San Diego, CA.

Jarvinen, M. J., & Price, J. M. (2008). *Hostile attributional bias: A possible mediational link between child abuse and behavior problems*. Unpublished master's thesis. San Diego State University, San Diego, CA. ○ Data analysis, write an APA-style master's thesis, create a poster presentation, professional presentation. ○ Poster presentation at Western Psychological Association research conference in Irvine, CA, April 2008.

Schaeffer, K., Luginbuhl, P., **Jarvinen, M. J.**, Powers, S., & Flores, S. (2006). *The influence of personality and self-esteem on happiness*. Unpublished manuscript. Point Loma Nazarene University, San Diego, CA. ○ Facilitate research on the effect of positive psychology interventions on self-esteem and happiness in small groups, including SPSS data analysis.

- Poster presentation at Western Psychological Association research conference in Palm Springs, CA, April 2006.

Jarvinen, M. J., Miles, C., Butler, S., Calvert, D., & Hitt, K. (2005). *The effect of aural stimuli on visual memory*. Unpublished manuscript. Point Loma Nazarene University, San Diego, CA.

o Data collection, SPSS data analysis, subject debriefing, and Powerpoint presentation of research findings.

Jarvinen, M. J., Smee, R., Holt, J., Zimbelman, K., Dorman, J. (2004). *The bystander effect at a small private*

university. Unpublished manuscript. Point Loma Nazarene University, San Diego, CA.

o Data collection and PowerPoint presentation of research findings.

ACADEMIC AWARDS AND HONORS

2nd Place in CAPS Student Paper Competition – Fuller Graduate School of Psychology 2015-2016 o The annual Christian Association for Psychological Studies (CAPS) student paper competition recognizes graduate and undergraduate students for excellence in Christian psychological research and scholarship.

Clare W. Headington Memorial Scholarship (x2) – Fuller School of Psychology 2013-2014 ; 2015-2016 o Clinical award for the ability to relate the Christian faith and psychological principles to the emotional problems of individuals and families.

1st Place in CAPS Student Paper Competition – Fuller Graduate School of Psychology 2014-2015 o The annual Christian Association for Psychological Studies (CAPS) student paper competition recognizes graduate and undergraduate students for excellence in Christian psychological research and scholarship.

Travis Award (x2) – Fuller Graduate School of Psychology 2013-2014; 2014-2015

o Annual academic award for best student research paper of the year on an integrative topic (religion/theology/spirituality and psychology), which has a clear and well-argued thesis, integrates source material in the field, is faithful to both the disciplines of psychology and theology, and demonstrates creativity and originality within the integrative dialogue.

John P. Davis Jr. Memorial Award – Fuller Graduate School of Psychology 2014-2015 o Award given to a student who is “deeply involved in personal growth and in the deepening of his/her spiritual life and who recognizes that it is one’s person that is primary in being a therapist.”

Alumni/ae Merit Scholarship Award – Fuller Graduate School of Psychology 2014-2015 o Scholarship recognizing a student who exhibits “unusual potential for contributing to the field of Christian mental health following graduation.”

Dean’s List (x3) – Fuller Graduate School of Psychology 2012-2015 o Academic award based on academic excellence

Charles E. Fuller Annual Scholarship – Fuller Graduate School of Psychology 2012-2015 o Academic award based on need and merit for graduate students.

Certificate of Appreciation – NATO HUMINT Centre of Excellence 2013-2014

- Recognition of outstanding support as contributor to the NATO project entitled, “Human Aspects of the Operational Environment” from 2011-2013.

Graduate Equity Fellowship – San Diego State University 2008-2009 ○ Academic award based on need and merit for graduate students.

Trustee’s Honors Scholarship – Point Loma Nazarene University 2003-2007

- Academic award based on merit for 40 incoming freshmen. Recipients are selected based upon high school GPA, community involvement, application essays, and SAT scores.

Mallory Endowed Scholarship – Point Loma Nazarene University 2006-2007

- Scholarship awarded to three top academic students who have demonstrated an interest in the field of Psychology and are involved in the Psychology department, including classroom contributions, PsiChi involvement, research, and poster presentations.

Elva P. Jorgenson Scholarship Fund – Point Loma Nazarene University 2005-2007 ○ Academic award based on merit for top students in the Philosophy & Theology department.

Marvin Young Endowment – Point Loma Nazarene University 2004-2006 ○ Academic award based on merit for top students in the Philosophy & Theology department.

PROFESSIONAL AFFILIATIONS

California Psychological Association (CPA) 2016-Present

Christian Association for Psychological Studies (CAPS) 2015-Present

- Attended and presented at the research conference in Pasadena, CA (March 2016)
- Attended and presented at the research conference in Denver, CO (April 2015)

Society for the Exploration of Psychoanalytic Therapies and Theology (SEPTT) 2013-Present
 ○ Participated in society listserv discussions ○ Attended training workshops

International Experiential Dynamic Therapy Association (IEDTA) 2016-Present

Accelerated Experiential Dynamic Psychotherapy (AEDP) Institute 2016-Present

San Diego Psychoanalytic Center (SDPC) 2016-2017

- Member of fellowship program, including personal mentorship, monthly seminars, and free admission to SDPC public events

San Gabriel Valley Psychological Association (SGVPA)

2013-2015 ○ Attended community

gatherings

- Assisted with the marketing of National Psychotherapy Day

Western Psychological Association (WPA)

2005-2008

- Attended and presented at the research conference in Irvine, CA (April 2008)
 - Attended and presented at the research conference in Palm Springs, CA (April 2006)

PsiChi National Honor's Society

2005-2007

- Member, Secretary of PsiChi National Honor's Society, Point Loma Nazarene University